

WELCOME

Explore volunteering





WHAT IS VTEAM?



Types of projects

- Regular Projects
- One-Off Projects
- Colchester zoo placement



Statistical Comparisons

2018 – 19 Academic Year

Name of the project	Hours	Number of Volunteers
Total	37221	1220
Club Volunteering	8258	270
Societies	13172.00	293
Student Rep	679.50	88
VTeam One-Off Project	4020.50	523
VTeam Placement	714.75	12
VTeam Regular Project	5872.75	411

2017 – 18 Academic Year

Name of the project	Hours	Number of Volunteers
Total	32971.75	1139
Club Volunteering	7978.25	226
Societies	8781.25	331
Student Rep	1050.50	122
VTeam One-Off Project	3023.75	360
VTeam Placement	1003.25	24
VTeam Regular Project	4655.75	416

Types of projects

Regular Projects

Regular Projects consist of at least **3 student-volunteers**: Project Leader, Communications Officer and Session Leader.

VTeam Regular Projects support: schools, care homes, community centres and libraries during their everyday classes or work hours; runs various after school and/or afternoon clubs; presents small assemblies on different subjects; presents different topics in classes during national days or campaigns, and any other activities that can be tailored to the organisation needs.

VTeam currently has 16 different regular volunteering projects running on a weekly basis.

REGULAR PROJECTS



Animal protection-The session consists of helping Cats Rescue with the maintenance of their facilities. Tasks include maintaining the rescue gardens and befriending the cats.

Art club- You don't need to be an artist to join this club! Materials include play-doh, fuzzy pom poms, pipe cleaners, ice lollies and an infinite amount of glitter.



Coding club- This project focuses on computer programming. The project aims to not only be informative but also make these topics fun and accessible to children.



Conservation and sustainability project- Every week, they have a session in Colchester Zoo where they run a stall teaching visitors about pollution, climate change and recycling.

Einstein project- This project is all about getting kids excited about science. No need to be a scientist! Activities include: making a volcano erupt, making slime or creating your own lava lamp.



Golden age -These sessions may include running a music session, playing board games or creating memory boxes for patients with dementia.

Lend a hand – you will be giving basic numeracy and literacy classes to adults. These adults may have mild learning difficulties or perhaps had to quit school at an early age and are looking for a second chance.





Lingo -Volunteers give weekly sessions in French, German and Spanish. This project is for students who have a minimum of an A-Level in the corresponding language.

Numbers- This project covers primary school maths, economics, algebra, trigonometry and so much more.



Origami – This project goes into primary schools and care homes. Volunteers, children and the elderly all get joy out of watching their delicately folded creations come to life!

Photography- Whether you're a pro or complete novice, the sessions are more about helping children experiment with picture taking and having fun in the process.





Refugee teaching programme- Their aim is to provide practical help to refugees, asylum seekers and migrant workers. RTP helps deliver vital skills to people of limited or no knowledge of the English language and/or culture.

Teaching assistants- The volunteers go into primary schools and help out with their lessons. Children benefit from extra help learning the curriculum and they get to socialise with university students.



Time travellers- Teach kids about history in a fun and interactive way. No need to study history just an interest in the subject.

Wellbeing Ambassadors- Volunteer are called on throughout the year to deliver wellbeing projects on campus.



ONE-OFF PROJECTS



ONE-OFF PROJECTS



When?

During Term Times:

Autumn Term 15th October – 15th December

Spring Term 19th January – 21st March

Wednesday and **Weekends**

National or International event might run on different times

IMPORTANT DATES:

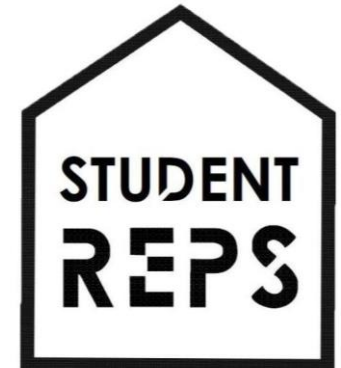
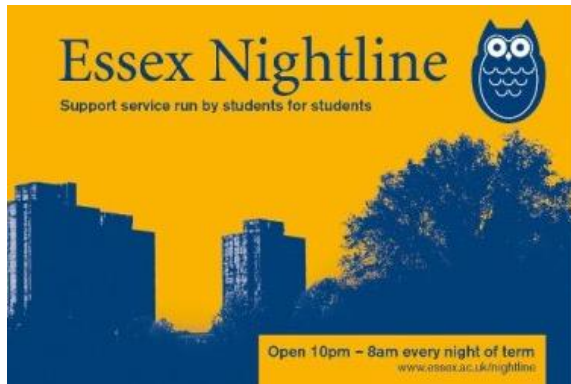
Student Volunteering Week: 10th – 16th February

10AM – 16PM Pref

Engagement- advertisement

- VTeam Website
- Facebook – VTeam and the main SU
- Instagram - VTeam and the main SU
- Twitter - VTeam and the main SU
- GradIntelligence
- Digital screens on campus
- Posters in different departments
- Notice boards
- Reception both the SU and the University

Other volunteering opportunities on campus





ANY QUESTIONS?



Contact details



Email : vteam@essex.ac.uk

Twitter: [@vteamessex](https://twitter.com/vteamessex)



Facebook: [/vTeamessex](https://www.facebook.com/vTeamessex)



Snapchat: [@vteamessex](https://www.snapchat.com/add/vteamessex)



Linkedin: [vTeam Essex](https://www.linkedin.com/company/vTeam%20Essex)

