WELCOME

Explore volunteering

vTEAM
WHAT IS VTEAM?
Types of projects

- Regular Projects
- One-Off Projects
- Colchester zoo placement
# Statistical Comparisons

## 2018 – 19 Academic Year

<table>
<thead>
<tr>
<th>Name of the project</th>
<th>Hours</th>
<th>Number of Volunteers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>37221</td>
<td>1220</td>
</tr>
<tr>
<td>Club Volunteering</td>
<td>8258</td>
<td>270</td>
</tr>
<tr>
<td>Societies</td>
<td>13172.00</td>
<td>293</td>
</tr>
<tr>
<td>Student Rep</td>
<td>679.50</td>
<td>88</td>
</tr>
<tr>
<td>VTeam One-Off Project</td>
<td>4020.50</td>
<td>523</td>
</tr>
<tr>
<td>VTeam Placement</td>
<td>714.75</td>
<td>12</td>
</tr>
<tr>
<td>VTeam Regular Project</td>
<td>5872.75</td>
<td>411</td>
</tr>
</tbody>
</table>

## 2017 – 18 Academic Year

<table>
<thead>
<tr>
<th>Name of the project</th>
<th>Hours</th>
<th>Number of Volunteers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>32971.75</td>
<td>1139</td>
</tr>
<tr>
<td>Club Volunteering</td>
<td>7978.25</td>
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<tr>
<td>Societies</td>
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<tr>
<td>Student Rep</td>
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<td>VTeam One-Off Project</td>
<td>3023.75</td>
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<tr>
<td>VTeam Placement</td>
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<tr>
<td>VTeam Regular Project</td>
<td>4655.75</td>
<td>416</td>
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Regular Projects

Regular Projects consist of at least 3 student-volunteers: Project Leader, Communications Officer and Session Leader.

VTeam Regular Projects support: schools, care homes, community centres and libraries during their everyday classes or work hours; runs various after school and/or afternoon clubs; presents small assemblies on different subjects; presents different topics in classes during national days or campaigns, and any other activities that can be tailored to the organisation needs.

VTeam currently has 16 different regular volunteering projects running on a weekly basis.
**REGULAR PROJECTS**

**Animal protection** - The session consists of helping Cats Rescue with the maintenance of their facilities. Tasks include maintaining the rescue gardens and befriending the cats.

**Art club** - You don’t need to be an artist to join this club! Materials include play-doh, fuzzy pom poms, pipe cleaners, ice lollies and an infinite amount of glitter.

**Coding club** - This project focuses on computer programming. The project aims to not only be informative but also make these topics fun and accessible to children.
Conservation and sustainability project- Every week, they have a session in Colchester Zoo where they run a stall teaching visitors about pollution, climate change and recycling.

Einstein project- This project is all about getting kids excited about science. No need to be a scientist! Activities include: making a volcano erupt, making slime or creating your own lava lamp.

Golden age - These sessions may include running a music session, playing board games or creating memory boxes for patients with dementia.

Lend a hand – you will be giving basic numeracy and literacy classes to adults. These adults may have mild learning difficulties or perhaps had to quit school at an early age and are looking for a second chance.
**Lingo** - Volunteers give weekly sessions in French, German and Spanish. This project is for students who have a minimum of an A-Level in the corresponding language.

**Numbers** - This project covers primary school maths, economics, algebra, trigonometry and so much more.

**Origami** – This project goes into primary schools and care homes. Volunteers, children and the elderly all get joy out of watching their delicately folded creations come to life!

**Photography** - Whether you’re a pro or complete novice, the sessions are more about helping children experiment with picture taking and having fun in the process.
Refugee teaching programme- Their aim is to provide practical help to refugees, asylum seekers and migrant workers. RTP helps deliver vital skills to people of limited or no knowledge of the English language and/or culture.

Teaching assistants- The volunteers go into primary schools and help out with their lessons. Children benefit from extra help learning the curriculum and they get to socialise with university students.

Time travellers- Teach kids about history in a fun and interactive way. No need to study history just an interest in the subject.

Wellbeing Ambassadors- Volunteer are called on throughout the year to deliver wellbeing projects on campus.
ONE-OFF PROJECTS
ONE-OFF PROJECTS

When?

During Term Times:
Autumn Term 15\textsuperscript{th} October – 15\textsuperscript{th} December
Spring Term 19\textsuperscript{th} January – 21\textsuperscript{st} March

\textbf{Wednesday} and \textbf{Weekends}

National or International event might run on different times

\textbf{IMPORTANT DATES:}
Student Volunteering Week: 10\textsuperscript{th} – 16\textsuperscript{th} February

10AM – 16PM Pref
Engagement - advertisement

- VTeam Website
- Facebook – VTeam and the main SU
- Instagram - VTeam and the main SU
- Twitter - VTeam and the main SU
- GradIntelligence
- Digital screens on campus
- Posters in different departments
- Notice boards
- Reception both the SU and the University
Other volunteering opportunities on campus

- Essex Nightline
  Support service run by students for students
  Open 10pm – 8am every night of term
  www.essex.ac.uk/nightline

- SU Societies

- SU Advice

- Lakeside Theatre

- Peer Mentoring

- Student Reps

- University of Essex Law Clinic
ANY QUESTIONS?
Contact details

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