

Super Stars

Session 2 – Who and what inspires us (approx. 45mins)
Aims of session: <ul style="list-style-type: none"> ▪ Explore what inspires and motivates us ▪ To understand what aspirations are ▪ To look at the achievements of some aspirational people and how they achieved them ▪ Who motivates and inspires our university students? What aspirations did they have growing up and still have?
Resources: <ul style="list-style-type: none"> ▪ PowerPoint – Who and what inspires us ▪ Flip chart paper and pens ▪ Post-it notes ▪ Who and what inspires our university students video (hyperlinked in PowerPoint slide 9)
Key stage 2 Curriculum Links: <ul style="list-style-type: none"> ▪ Developing confidence and responsibility and making the most of their abilities ▪ Preparing to play an active role as citizens ▪ Developing good relationships and respecting the differences between people ▪ Breadth of opportunities

Time	Content and Teacher Activity	Student Activity
2 mins	<ul style="list-style-type: none"> ▪ Programme introduction ▪ PowerPoint slides 1-3 	
5 mins	<ul style="list-style-type: none"> ▪ What are aspirations? ▪ PowerPoint slide 4 	Listen and discuss Activity one-part A in student workbook
5mins	<ul style="list-style-type: none"> ▪ Why should we be aspirational? ▪ PowerPoint slide 4 ▪ Create discussions around why aspirations are important, asking students for example 	Listen and discuss Activity One, part B in student workbook
10mins	<ul style="list-style-type: none"> ▪ Who are aspirational people and how did they achieve their goals? ▪ PowerPoint slides 6-7 	Listen and discuss Activity two. Parts A & B in student

	<ul style="list-style-type: none"> ▪ Create discussion around Marcus Rashford and Malala Yousafzai 	workbook
20mins	<ul style="list-style-type: none"> ▪ How do aspirational people achieve their goals? ▪ PowerPoint slide 8 	Discuss and reflect on the two given examples Complete activity three
	<ul style="list-style-type: none"> ▪ What are your aspirations and how could you achieve them? ▪ PowerPoint slide 9 ▪ Play video 'who inspires our university students' 	Watch video Activity 4 – students to complete Bridge to the Future resource