

Recreational (individual/small group) activity list 2021/22



For most up to date information please check Essex Sport Website or contact reception desk on 01206 873250.

Recreational Bookings of all facilities below are available **at no extra cost** to all Essex Sport members (Gold, Silver & Bronze).

Members and Non-member guests can join an existing booking, providing the maximum number of people on court does not exceed the set limit.

You must provide your own playing equipment (e.g. balls/rackets). Alternatively, limited amount of equipment is available for purchase at the Sports Centre reception desk.

Bookings can be made using the Essex Sport App, online or at the Sports Centre Reception desk.

SPORT/ACTIVITY	Max people attending	Facility used per booking	Duration	Location	Price for Non-member Adult (½ price for Juniors)	Price for Non-member Guest (joining a member's session)
BADMINTON	4	1 badminton court	45 minutes	Sports Hall	£10.00	£2.50
BASKETBALL	4	1 Hoop Using 1 badminton court	45 minutes	Sports Hall	£10.00	£2.50
	8	1 hoop using 2 badminton courts	45 minutes	Sports Hall	£20.00	£2.50
SQUASH / RACQUETBALL	4	1 squash court	45 minutes	Squash Courts	£9.00	£2.50
TENNIS	4	1 tennis court	55 minutes	Tennis Courts	£7.50	£2.50
FRISBEE/DISC GOLF	N/A	Course map can be found on the Essex Sport app	Duration of the course	Campus	£5.00	£5.00

	Mambara	Non-member price per person per session							
	Members	Student	Staff	Concession	Public	Junior (under18)			
GYM SESSION	Included! (peak/off-peak)	N/A	£8.00	£8.00	£8.00	£4.00			
FITNESS CLASSES	Included! (peak/off-peak)	£3.50	£4.50	£5.00	£5.50	£2.75 (only juniors 16+)			
CLIMBING WALL	Included! (peak/off-peak)	£3.50	£4.50	£5.00	£5.50	£2.75 (only juniors 16+)			
PERSONAL TRAINING	£30.00								
PT 5 SESSIONS FOR 4	£120.00								