

INTERNATIONAL WOMEN'S DAY

2020



Join us to celebrate International Women's Day 2020.

FREE events for staff and students throughout the week.

Why not take the opportunity to try something new?



MONDAY 2 MARCH

5 - 6pm

Active Women's Futsal

Essex Sport Arena

TUESDAY 3 MARCH

12 - 1pm

Cake, coffee & climb

Sports Centre

1 - 2pm

Cake, coffee & climb

Sports Centre

THURSDAY 5 MARCH

1 - 2pm

Staff Women's Futsal

Essex Sport Arena

1.10 - 1.50pm

Zumba Fitness

Sub Zero

2.15 - 2.45pm

Sculpt & Tone

Sub Zero

In conjunction with:



FRIDAY 6 MARCH

1 - 2pm

Ladies Lunch Tennis

Tennis Courts

Book via the Essex Sport App! Download it for free from your App Store.

If you have any questions, please contact sportsdevelopment@essex.ac.uk