

Recreational (individual/small group) activity list 2024/25

For most up to date information please check Essex Sport Website or contact reception desk on 01206 873250

Recreational Bookings of all facilities below are available at no extra cost to all Essex Sport members (Gold, Silver & Bronze). Members and non-member guests can join an existing booking, providing the maximum number of people on court does not exceed the set limit. You must provide your own playing equipment (e.g. balls/rackets). Alternatively, limited amount of equipment is available for purchase at the Sports Centre reception desk. Bookings can be made using the Essex Sport App, online or at the Sports Centre Reception desk.

Sport/Activity	Max people attending	Facility used per booking	Duration	Location	Price for non-member adult	Price for non-member junior	Price for non-member guest (joining a member's session)
Badminton	6	1 badminton court	55 minutes	Sports Hall/Arena	£11.50	£5.75	£2.75
Basketball	4	1 hoop using 1 badminton court	55 minutes	Sports Hall	£11.50	£5.75	£2.75
	8	1 hoop using 2 badminton courts	55 minutes	Sports Hall/Arena	£23.00	£11.50	£2.75
Squash	4	1 squash court	45 minutes	Squash Courts	£10.50	£5.25	£2.75
Tennis	4	1 tennis court	55 minutes	Tennis Courts	£9.00	£4.50	£2.75
Table Tennis	4	1 court	55 minutes	Sports Hall/Arena	£9.50	£4.75	£2.75
Table Tennis	4	1 court	45 minutes	Squash Courts	£8.00	£4.00	£2.75
Frisbee/Disc Golf	n/a	Course map can be found on the Essex Sport app	Duration of the course	Campus	£6.00 (University of Essex Staff/Student free)	£6.00	n/a

	Members	Non-member price per person per session					
		Student	Staff	Concession	Alumni	Public	Junior (under 18 y.o.)
Gym Session	Included (Gold/Silver)	£9.00	£8.50	£8.50	£9.00	£9.00	£4.50*
Fitness Class	Included (Gold/Silver)	£4.50	£5.50	£6.00		£6.50	£6.50 (only juniors 16+)
Climbing Session	Included	£4.50	£5.50	£6.00		£6.50	£3.25 (8-15 y.o.)* £6.50 (16-17 y.o.)*

* Supervised entry to the gym is available between ages 12 and 15 years. Unsupervised entry to the gym is only available for those over the age of 16 years. Supervised entry to the climbing wall is available between ages 8 and 17 years. Unsupervised entry to the climbing wall is only available for those over the age of 18 years.