



# ESSEX SPORT JUNIOR CODE OF CONDUCT

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Essex Sport is fully committed to safeguarding and promoting the wellbeing of all its participants. We believe that it is important that members, coaches, administrators and parents associated with any of our programmes should, at all times, show respect and understanding for the safety and welfare of others. Therefore, participants are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the programme with either Liam McDougall or Shaun Conlon.

Our programmes should offer a positive experience for children and young people and where they can learn new things in a safe and positive environment. The staff will use a positive approach to discipline and will seek parental support to resolve behavioural issues if needed. Children who remain disruptive may be dismissed from the course as outlined in our terms of conditions. Please go through the code of conduct with your child so that he/she fully understands our expectations. As a participant of an Essex Sport Junior programme, you are expected to abide by the following junior code of practice:

## CODE OF CONDUCT

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### As a child enrolled onto an Essex Sport Junior programme, I will:

- Show respect to other children and treat them as well as I would like to be treated.
- Participate within the rules of the session and respect opponents, coaches, and staff.
- Respect the rights and beliefs of others and treat others with courtesy and consideration.
- Communicate in an appropriate manner which means I must not swear, use foul language, gestures or harsh words.
- Behave, follow and listen to all instructions from the coach. Play within the rules and respect the official and their decisions.
- Control my temper and not cause disruption to the course.
- Respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background or religious beliefs or sexual identity. Refrain from the use of bad language or racial/sectarian references. This includes bullying using new technologies like chat-rooms or texting.
- Refrain from bullying or persistent use of rough and dangerous play.
- Conduct myself responsibly. I understand that unwelcome teasing, peer pressure, messing around or other unkind behaviours are not allowed.
- Refrain from deliberately causing bodily harm to the children or staff. I understand that pushing, kicking or hitting are not acceptable and will not be tolerated.
- Use the equipment and facilities properly and with respect. Respect the property of others.
- Be fully responsible for my actions and understand that irresponsible behaviour will result in disciplinary action.
- If I feel that I am being unfairly treated or have difficulties with a particular task during a session, I should approach the coach at an appropriate time and in an appropriate manner for assistance.

### Steps taken if code of behaviour isn't followed:

- If guidelines are not followed children will first receive a verbal warning and will be given help by the coach to ensure they understand the rules of the course.
- After a second infringement parent/guardians will be contacted and an instructor/coach will discuss with the parent on how best to deal with the child. Parents will be informed at all stages.
- Further disregard for the guidelines will result in potential removal from the programme.

- Any acts of violence towards another child or a member of staff will result in immediate removal from the camp, session, party or course.