

# Mindline TRANS

Open Monday & Friday 8pm-midnight

0300 330 5468

MindLine Trans+ is a UK wide service  
We offer a confidential, non-judgemental listening  
space for people who identify as Trans+,  
non-binary and their friends and families to talk.

Our trained listeners identify as Trans, non-binary  
or gender fluid, they are understanding and will  
**listen and offer support**

Occasionally Cisgender allies also take calls.

We can also provide signposting and information.



MindlineTrans



@MindlineTrans

[www.bristolmind.org.uk/mindline-transplus](http://www.bristolmind.org.uk/mindline-transplus)

