

LOOKING AFTER YOUR HEALTH & WELLBEING



150 years experience



Medicash originally started through helping to **finance local voluntary hospitals** in Victorian times.



Now our benefits allow over a **quarter of a million** policyholders across the UK to take a positive approach to health.

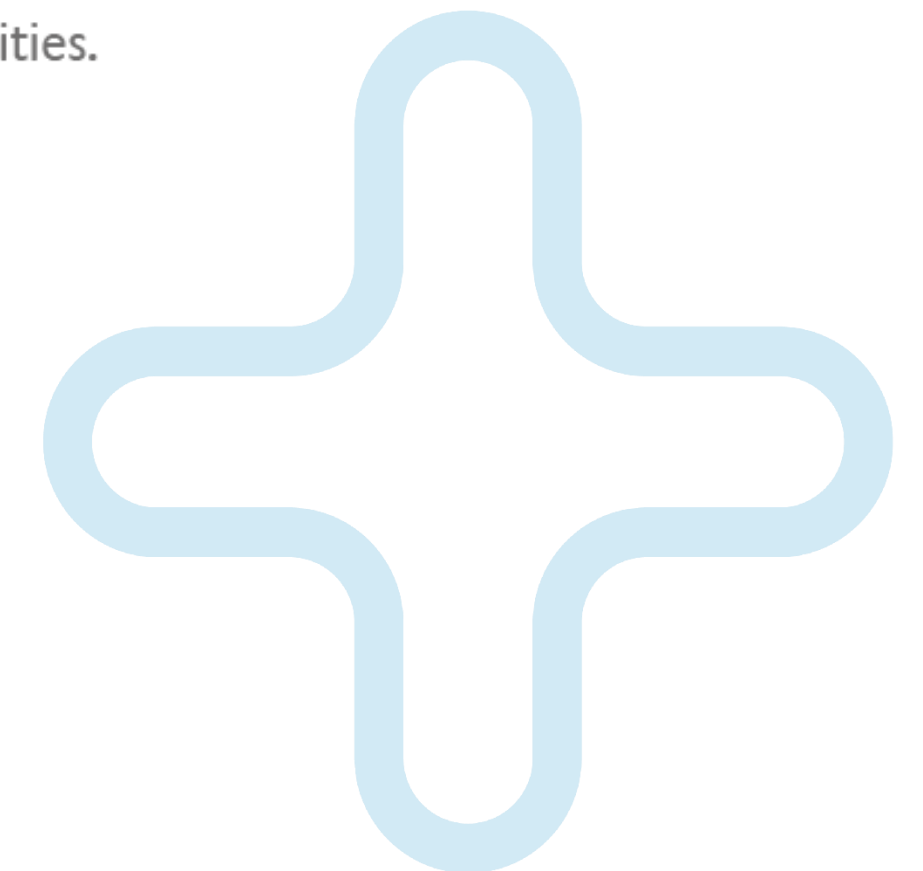


We believe in charity. Since 2018 we have **pledged a further £1.5 million** to support health and wellbeing related charities.




Investor in Customers®
Gold 2021


Investor in Customers is an independent organisation, which takes an in-depth look at customer service and the strength of our customer relationships. Medicash were awarded the IIC Gold award for exceptional customer service. **This is the highest accolade awarded.** We are the only health cash plan provider to achieve this level of accreditation.



All receipts are paid at 100%, up to annual limits			Bronze	Silver	Gold	Platinum	Platinum +	
Solo Plan – Cover for you and up to 4 dependent children			£ per month	£6.95	£13.90	£22.25	£33.40	£41.75
Dual Plan – Cover for you, your partner and up to 4 dependent children			£ per month	£12.85	£25.70	£41.05	£61.20	£76.50
Child Cover			FREE	FREE	FREE	FREE	FREE	
Covering the everyday essentials...		Cashback						
	Optical yearly maximums covering eye tests, glasses, contact lenses and laser eye surgery	100%	per adult per child	£50 £25	£100 £50	£150 £75	£200 £100	£250 £125
	Routine Dental* yearly maximums including check-ups, hygienist fees, fillings, crowns and bridges	100%	per adult per child	£50 £25	£100 £50	£160 £80	£240 £120	£300 £150
	Specialist Consultation & Diagnostic Tests yearly maximums access to quicker consultations and CT, MRI and PET scans	100%	per adult per child	£100 £50	£200 £100	£300 £150	£450 £225	£550 £275
	Complementary Therapies yearly maximums covering physiotherapy, acupuncture, osteopathy, and chiropractic treatment	100%	per adult per child	£150 £75	£230 £115	£300 £150	£400 £200	£450 £225
	Alternative Therapies yearly maximums including homeopathy, reflexology, Bowen & Alexander technique, Indian head massage, reiki and hypnotherapy	100%	per adult per child	£30 £15	£50 £25	£70 £35	£90 £45	£100 £50
	Prescriptions, Inoculations & Flu Jabs yearly maximums	100%	per adult	–	£10	£15	£20	£20
	Chiroprody yearly maximums	100%	per adult	£20	£30	£40	£50	£50
	Health Screening yearly maximums	100%	per adult	–	£50	£100	£150	£150
Better care doesn't have to come at a cost...								
	Hospital Inpatient per night up to 20 nights per annum, excludes first night and single night stays		per adult per child	£20 £20	£30 £30	£40 £40	£50 £50	£50 £50
	Hospital Daycase per visit up to 10 days per annum		per adult per child	£20 £20	£30 £30	£40 £40	£50 £50	£50 £50
	Birth or Adoption of a Child		per baby	£125	£250	£400	£600	£750
	Best Doctors® InterConsultation®			X	✓	✓	✓	✓
Peace of mind for the worst case scenario...								
	Personal Accident Cover maximum sum covered For a full breakdown of cover see the Personal Accident Group Policy document available on request or via the Medicash app. Cover ceases on your 66th birthday.		per adult per child	£10,000 £8,000	£15,000 £12,500	£24,000 £20,000	£36,000 £30,000	£45,000 £37,500



Download the **Medicash app** to submit your claims in seconds, update your details, add children and access all of the following benefits of your plan.




VIRTUAL GP
Unlimited phone or digital GP consultations on a Pay As You Go basis for employees.
- book via the app



DISCOUNTED GYM
Save at over 3,500 gyms, health clubs, yoga studios or boot camps.
www.medicash.org/gymdiscount
(Login:MED) or access via the app



24/7 HEALTH & STRESS HELPLINES
Unlimited telephone counselling & support when you need it most.
Call 0345 565 1851 or visit:
www.medicash.org/wellness



mProve YOURSELF
Improve your body & mind with a range of wellbeing tools and exercises.
- access via the app



MEDICASH EXTRAS
Exclusive discounts, great deals and cashback on shopping, travel and more.
- access via the app or visit:
www.medicash.org/extras

Cashback

100%

OF RECEIPTS PAID

up to annual maximum

Some health cash plans only pay a portion of your bill.

Medicash's fast claims payment reimburses the full cost of your treatment, as long as the amount falls within your plan's annual limits.

Cover for Children is **FREE** on all levels

Up to four dependent children can be covered free under your policy, up to their 16th birthday or 19th birthday if in full time education.

* Half of the annual limit can be claimed towards dental care plan fees. We will pay up to a maximum of 30 nights inpatient stay in any three year consecutive benefit period where you have been hospitalised for the same condition. This will not affect your right to claim for inpatient stays related to other conditions. The quoted premium rates are the total cost for cover and are inclusive of Insurance Premium Tax (IPT) at the current rate. Should the rate of IPT change Medicash reserves the right to pass this on subject to prior notification. There are waiting periods for some benefits. Full terms and conditions are available on request.

To access Best Doctors call 0345 565 1852* or visit www.medicash.org/bestdoctors.

* Calls to 03 numbers are no more expensive than calling numbers starting with 01 or 02 and are included in free call packages from landlines and mobiles.

✓ Corporate Rate

✓ Choose Your Own Practitioner

✓ No Excess

Best Doctors InterConsultation (silver upwards)



MEET ALEXIS

HE HAD A MONTH TO LIVE DUE TO A LIFE THREATENING HEART DEFECT. LUCKILY, HE ALSO HAD **BEST DOCTORS**.

Why people use Best Doctors...

- **23%** Confirmation of diagnosis
- **21%** Assistance in deciding on treatment options
- **18%** Condition not improving
- **15%** Doubts about information received from treating specialist
- **14%** To have a better understanding of their medical condition
- **9%** Doubts about recommended surgery





PHONE CONSULTATIONS

24/7, 365 days a year access to GP's for advice, reassurance, diagnosis and where appropriate private prescriptions and fit notes.



VIDEO CONSULTATIONS

Consult with a GP face to face by video call. Available 8am - 10pm, UK time, 7 days a week. Excluding Christmas Day.



PRIVATE PRESCRIPTIONS

Delivered to your door or collect from your nominated pharmacy.



OPEN REFERRALS

If further investigation or treatment is necessary.



Available
on a
Pay As You Go
basis on
this plan

With mProve YOURSELF you can access:

- A 30-day beginners guide to a mindful life course
- A selection of guided meditations and breathing exercises
- A range of mental wellbeing courses and information on how to cope with stress, depression, anxiety & looking after your mental health
- Fitness and resistance training videos that you can do at the gym or in the comfort of your own home
- Back, neck and joint pain exercises & guides

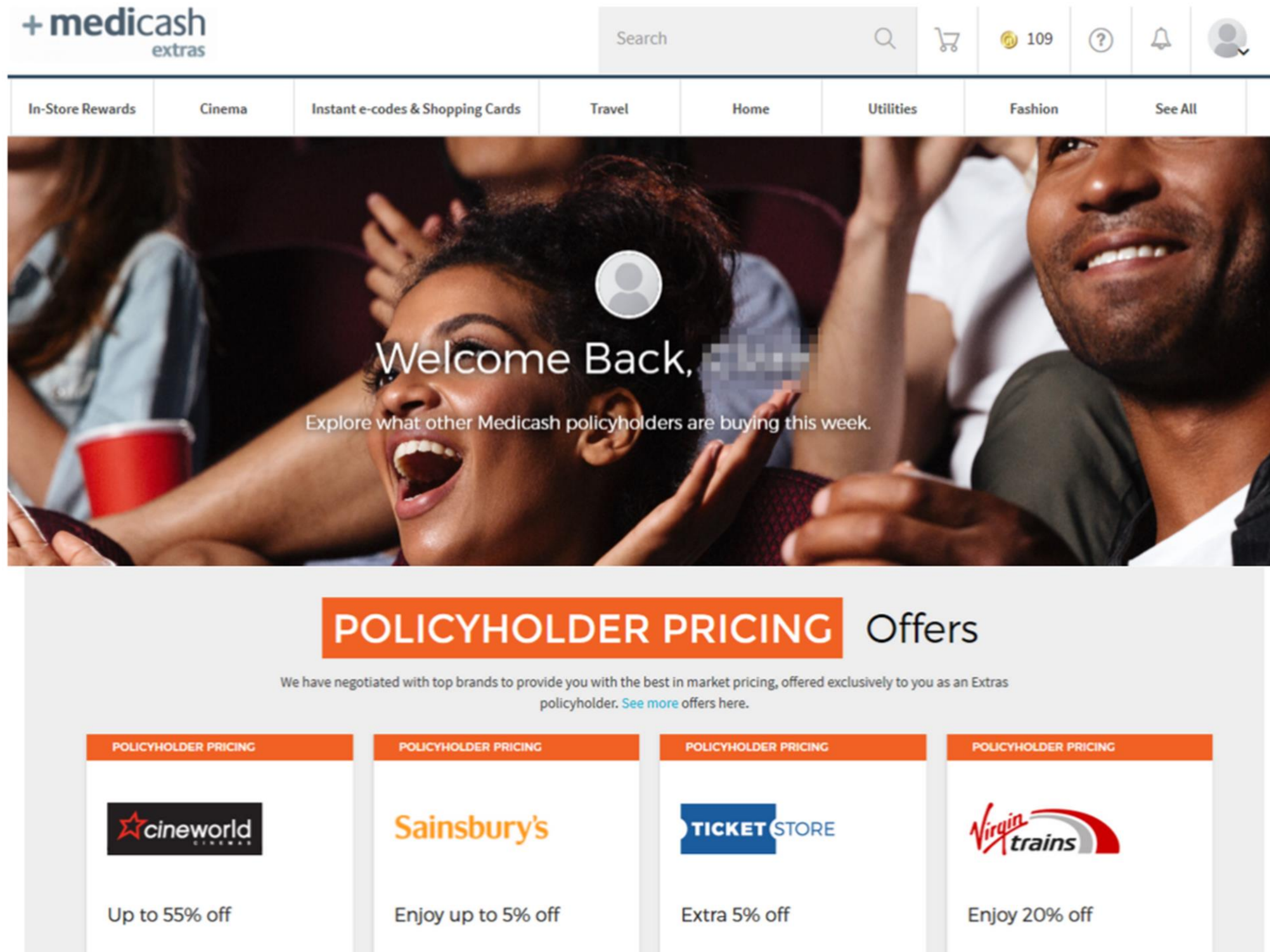




- ✓ **24/7 employee support service**
- ✓ **Online support**
- ✓ **Management Team support**



Medicash Extras



**UP TO 55% OFF
CINEMA TICKETS**

SEE THE LATEST
BLOCKBUSTERS

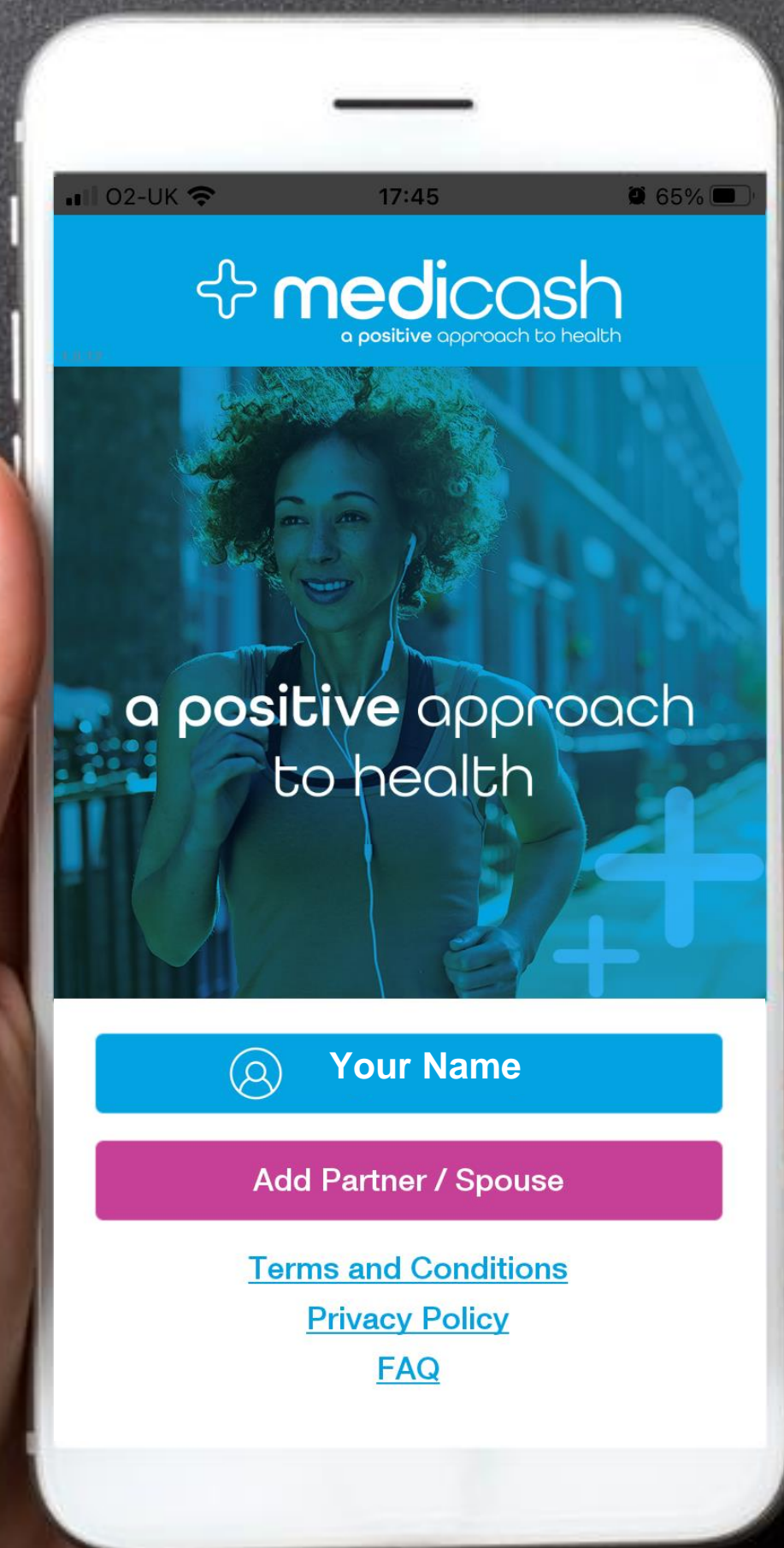
**INSTANT E-CODES
& SHOPPING CARDS**

**SAVE ON YOUR FAVOURITE
BRANDS INSTORE OR ONLINE**

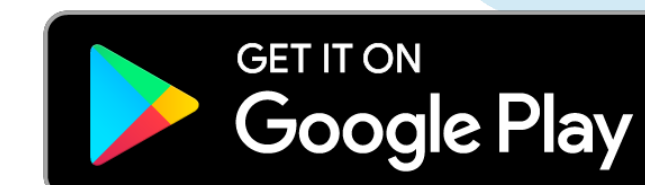
TRAVEL & HOLIDAY SAVINGS

**SAVE ON FLIGHTS, HOTELS
AND AIRPORT PARKING**

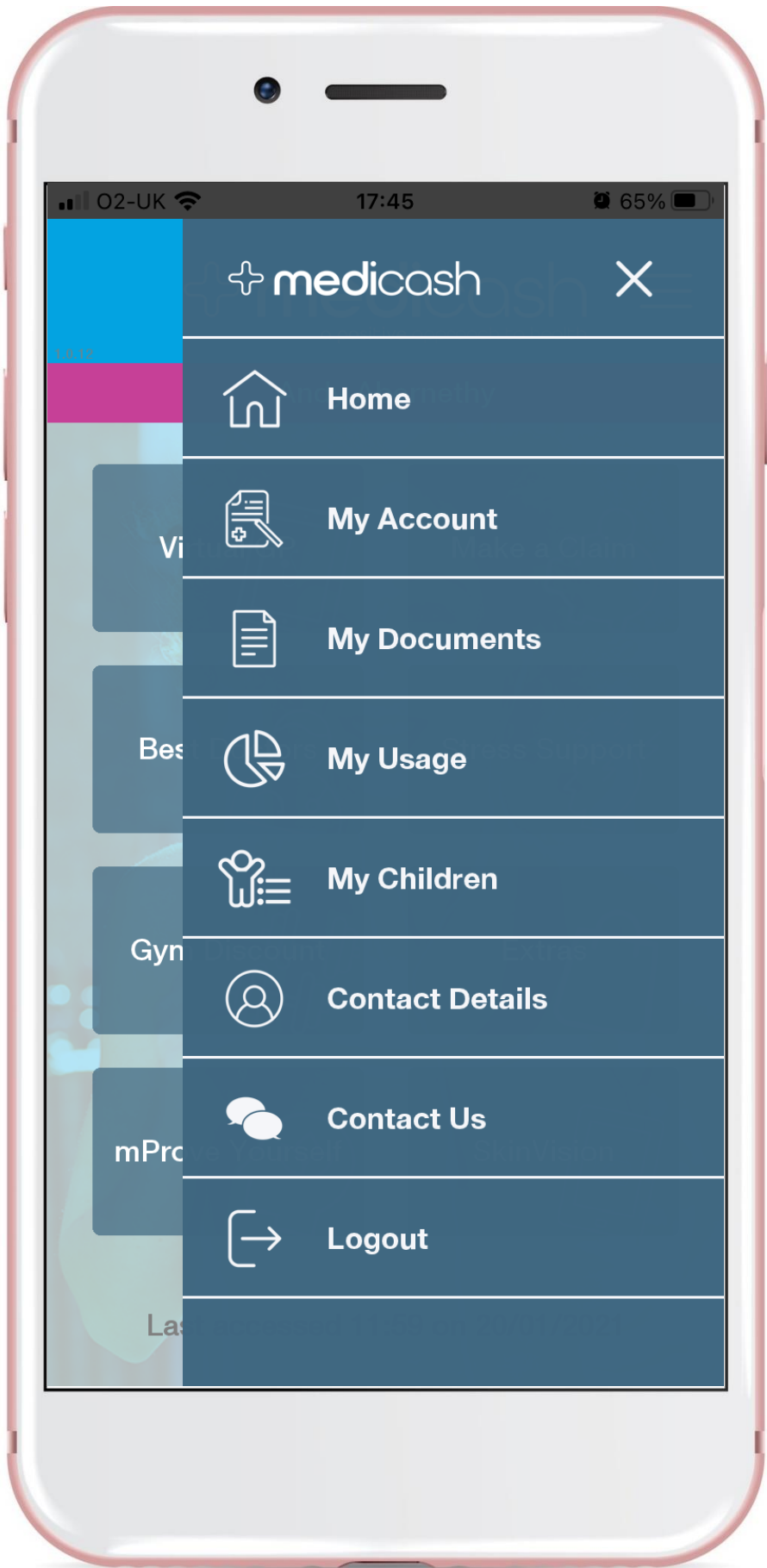
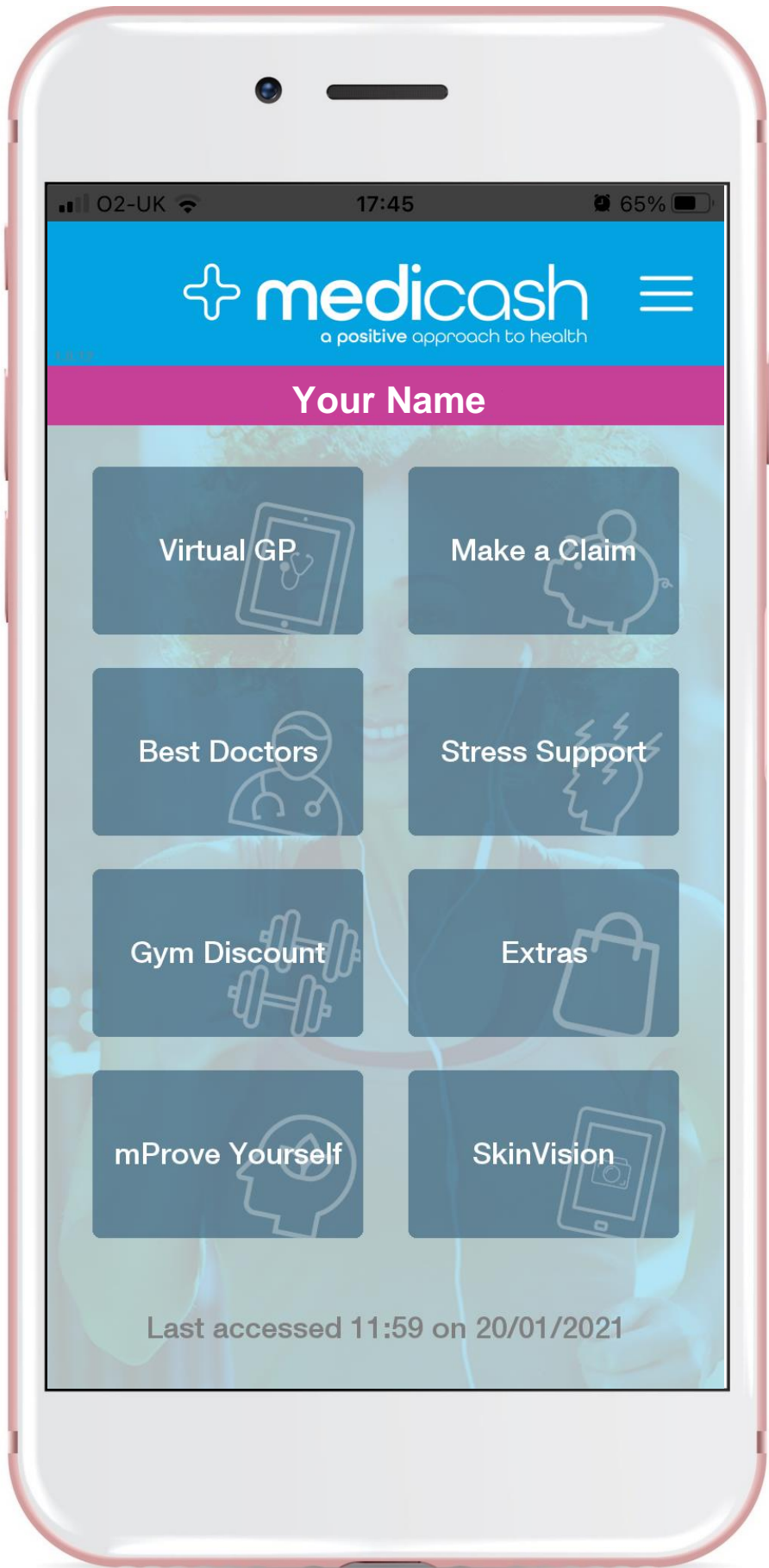
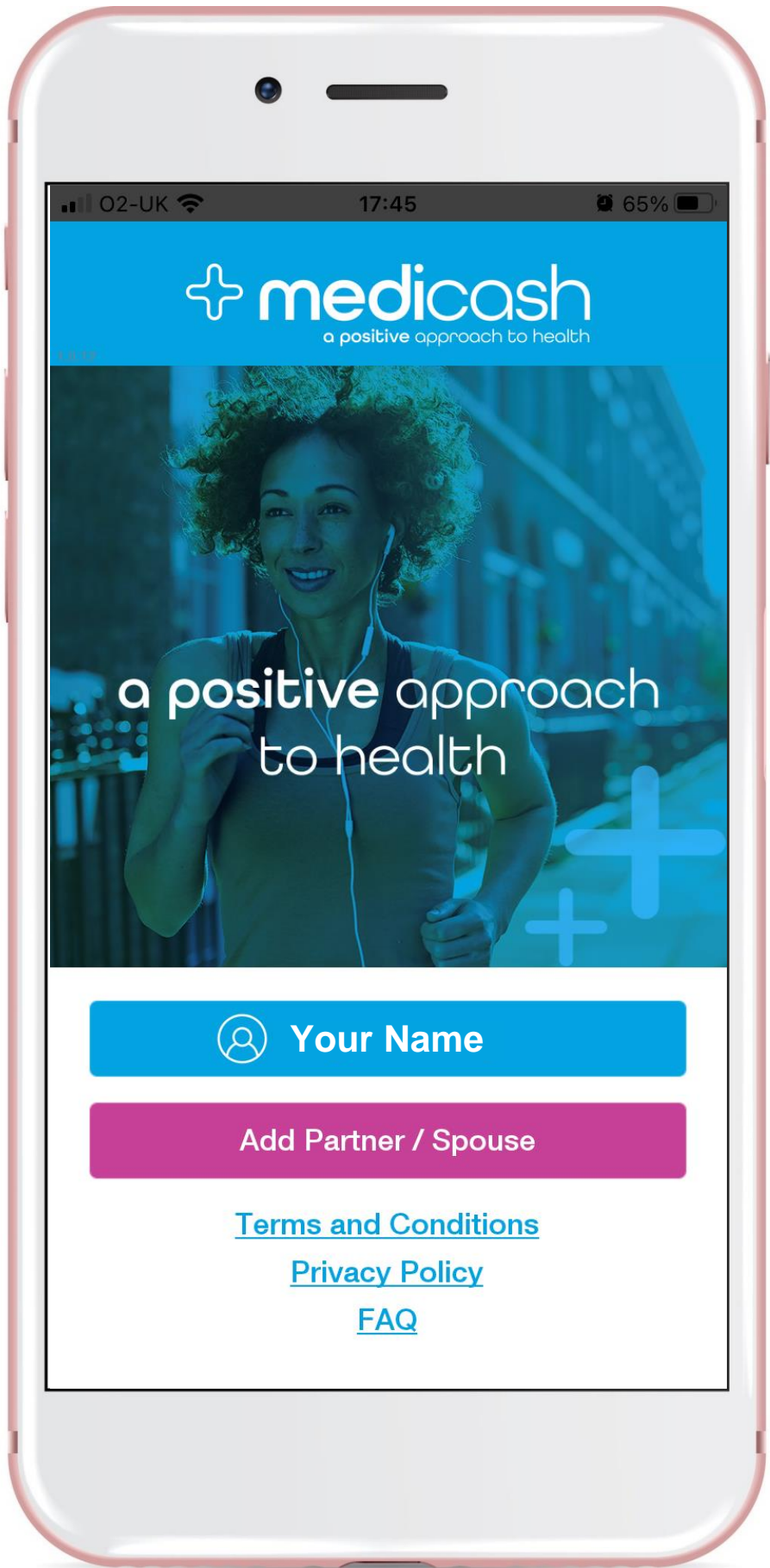
How to claim with Medicash



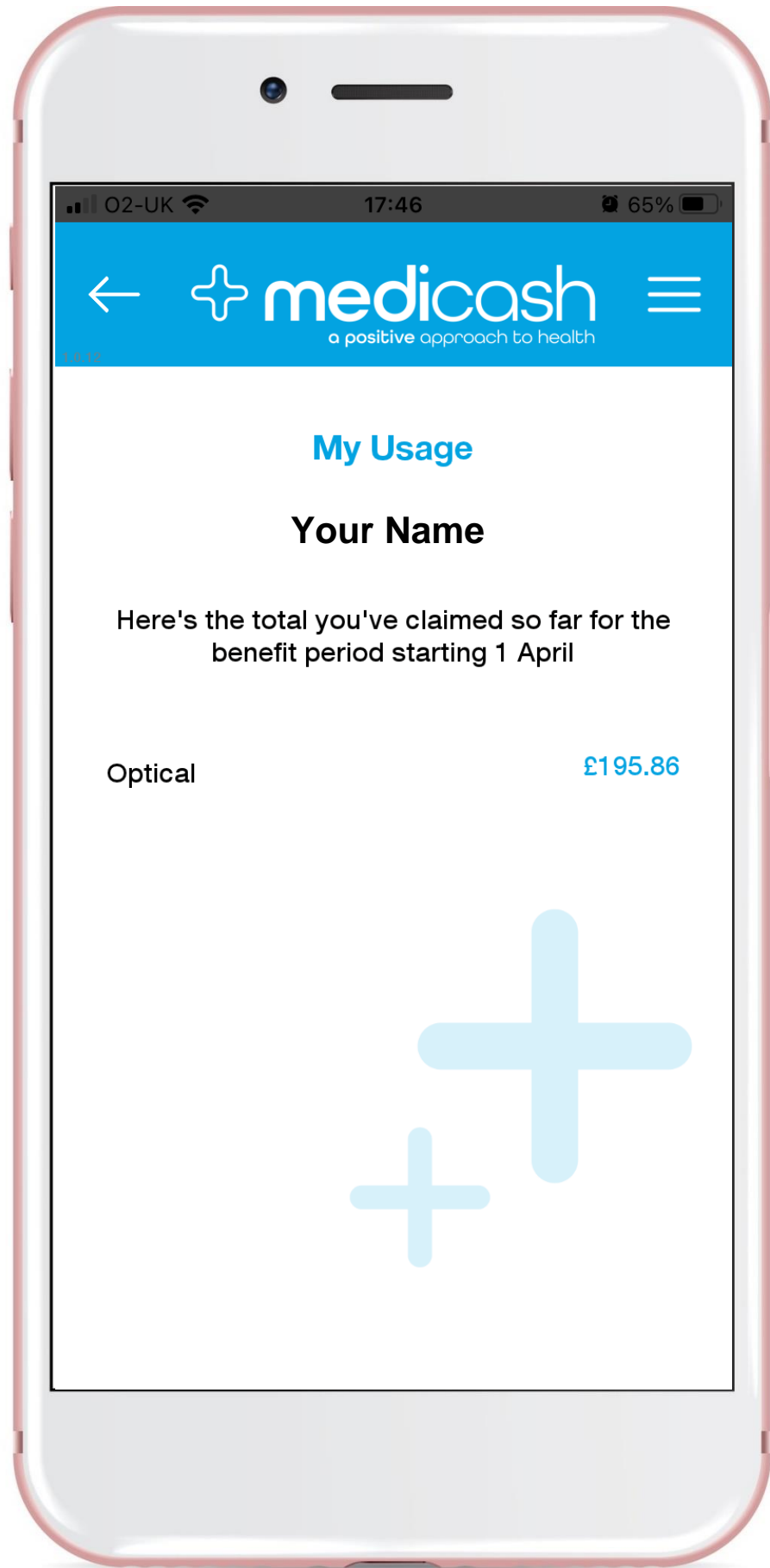
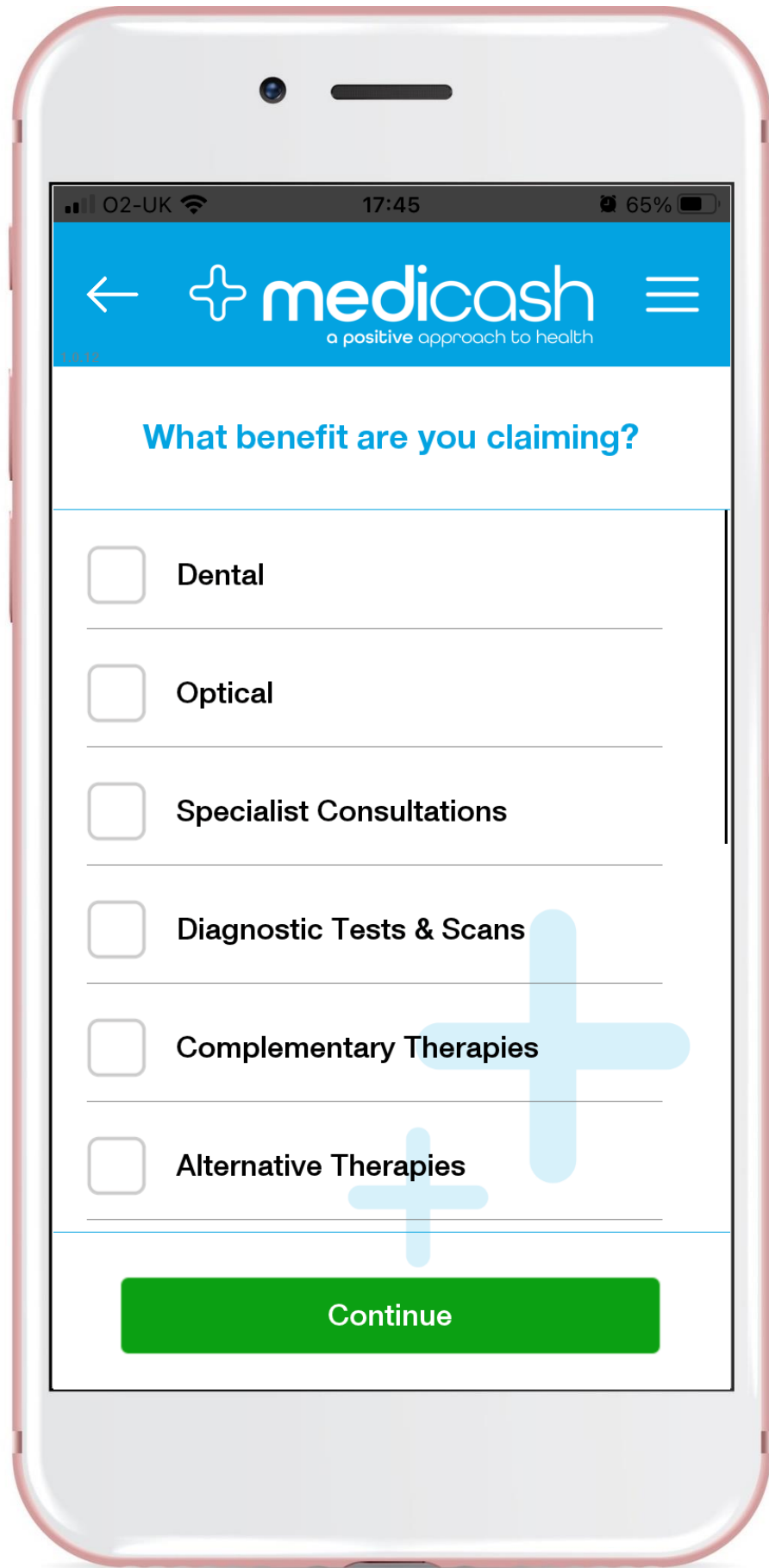
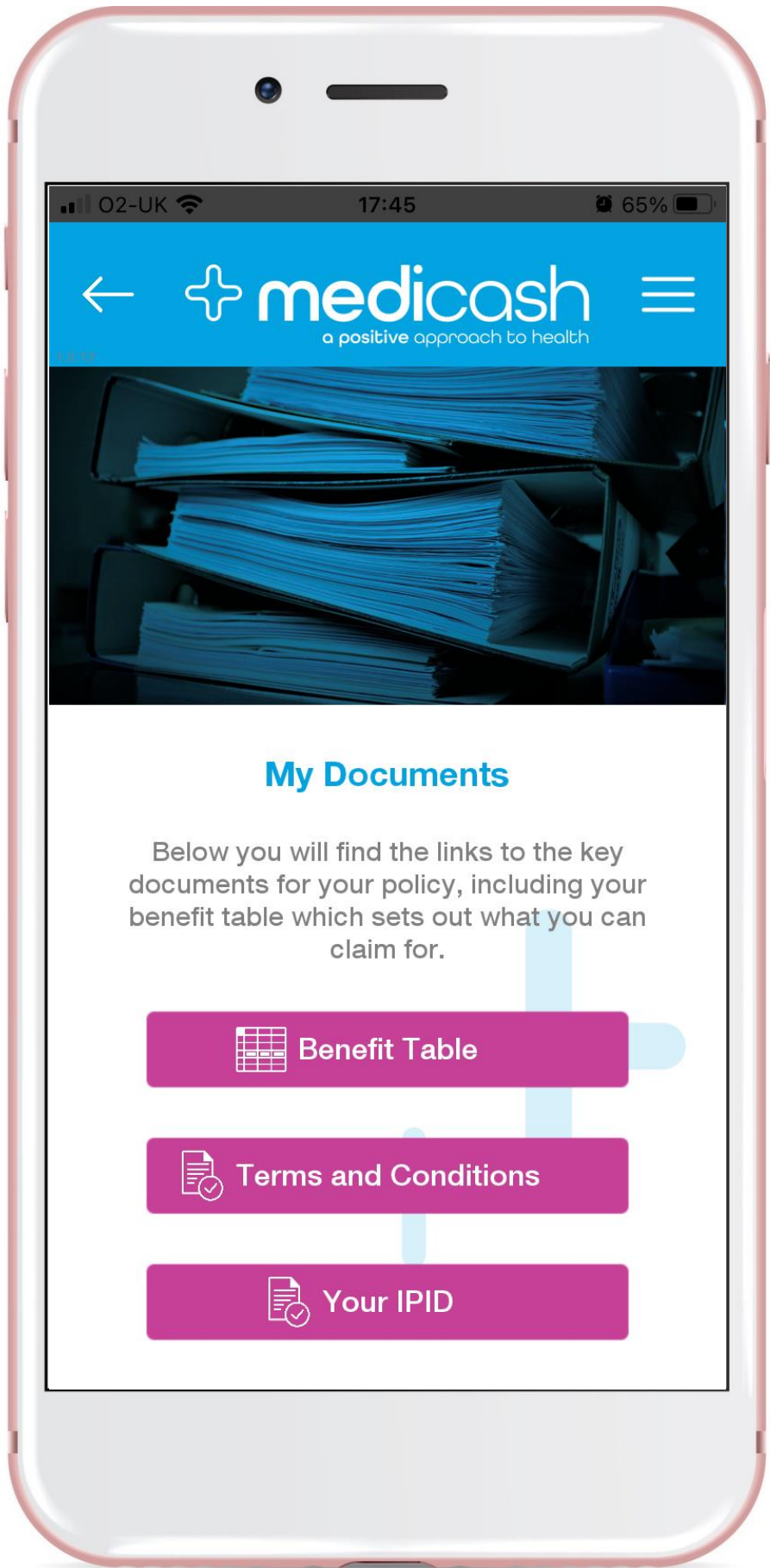
- Go for your treatment
- Keep hold of your receipts
- Submit your claim
- Have the money paid directly into your bank account
- Claim via the My Medicash App



The Medicash app



The Medicash app



Thank you



Established
1871



Award
Winning



Fantastic
Customer Service



Trustpilot
Reviews



Investor in
Customers®
Gold 2021

