



Health and Safety Bulletin

To: Heads of Department/Section, Executive Deans, HSLOs and DHSOs, Faculty Managers.

Workplace Health, Safety & Wellbeing Training

Opportunities 2025-26

The Workplace Health, Safety and Wellbeing team is pleased to announce our training course dates for 2025-26. We ask you to encourage staff members to attend our courses and to complete the required health and safety training for this academic year.

A full list of [health and safety training courses](#) (.pdf) and training dates is available on the health and safety training [Staff Directory page](#).

How to book trainer-led courses

Information about our regular scheduled courses can be searched and booked through the [HR Organiser](#) system. Our programme of scheduled courses for 2025-26 include:

- **Managing Health and Safety Essentials:** This course details your responsibilities for managing health and safety and gives an overview of what the University has in place to help you manage safety.
- **Risk Assessment Essentials:** This course will teach you the simple steps to creating effective health and safety risk assessments.
- **Control of Substances Hazardous to Health:** This course will enable you to produce suitable and sufficient hazardous substances risk assessments as required by the Control of Substances Hazardous to Health Regulations.
- **Incident Investigation:** you will find out what are the main causes of incidents in the workplace and carry out a thorough incident investigation using a case study.
- **Display Screen Equipment (DSE) Facilitator:** training provides DSE Facilitators with the necessary assessment skills and knowledge to carry out their duties. Line Managers are also welcome to attend to broaden their awareness of DSE.

WHSW can provide additional training courses upon request. Please email 'safety' or call extension 2944 to discuss your bespoke training needs. Details of our on-demand courses can be found on the Staff Directory.

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For Information

Workplace Health, Safety and Wellbeing (WHSW) Tel: 01206 87 2944 or email safety@essex.ac.uk