Postgraduate Research milestones are used to ensure students are making sufficient progress during their studies, and to provide a supportive framework to guide students through the various stages of their research. The Milestones should also help to keep students on track to submit within the appropriate period. PGR supervisors should talk through the relevant milestones during supervisory meetings and they should be referred to on a regular basis.

Supervisory Panels and Research Students’ Progress Boards will use the milestones to reflect on the level of progress being made, ahead of making a recommendation. Whilst the milestones are specific for each department and type of course, it is recognised that every research journey is different, and that whilst the milestones provide an overarching framework of expectations, a degree of flexibility should be given, based on the trajectory and scope of research.

Students and supervisors are encouraged to supplement these milestones with individual research plans which take into account the specifics of an individual research project and the individual circumstances of the PGR student.

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### Year 1 (Full time), Year 1 and 2 (Part time)

#### Ahead of the first Supervisory Panel

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<tr>
<th>Milestone</th>
<th>Requirement</th>
<th>Full Time term</th>
<th>Part Time term</th>
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</table>
| M1.1      | • Assess training needs and knowledge required to undertake research project and complete the thesis by completing the Training Needs Analysis.  
           | • Submit a pertinent for the chosen research subject Annotated Bibliography (no more than 150 words per annotation) on 6-10 primary sources. The sources can include a combination of theoretical literature (i.e. articles, books and book chapters) and relevant practice (i.e. directing/actor-training methodologies, performances). | 1               | 1               |

#### Ahead of the second Supervisory Panel (Confirmation Board)

<table>
<thead>
<tr>
<th>Milestone</th>
<th>Requirement</th>
<th>Full Time term</th>
<th>Part Time term</th>
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</thead>
<tbody>
<tr>
<td>M1.2</td>
<td>Attend Proficio courses and plan for further courses to attend, as appropriate.</td>
<td>2</td>
<td>4</td>
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</tbody>
</table>
| M1.3      | Choose research topic and demonstrate significance/impact of research with a Research Project Proposal, including (dependent on subject area):  
           | • Identify central research problem/questions to be answered.  
           | • Develop PaR methodology to address research topic.  
           | • Feasibility Report – identifying sources, access and ethical considerations  
           | • Create project plan, outlining objectives for each stage. | 2               | 5               |
| M1.4      | Demonstrate understanding of chosen topic within the context of the field with;  
           | • A Critical Literature Review  
           | • A Critical Review of Relevant Practice | 3               | 5               |
| M1.5      | Demonstrate the ability to produce work of the quality and quantity in order to complete within the three year standard PhD period (six years for part-time students), in the following ways;  
           | • Evidence that academic writing is of standard and ability expected at PhD level, including adequate referencing and language skills. Submit 6,000 words in good draft.  
           | • Demonstrate that practice is of artistic and methodological sophistication as appropriate to PhD level and that candidate has requisite capacity to produce planned practice. This may involve undertaking scoping workshops, presenting a ‘work-in- progress showing’, or undertaking a proportion of the overall PaR output (eg. presented the first of a three-part output. | 3               | 6               |
| M1.6      | Demonstrate effective project management through the setting of research goals and prioritisation of activities, in the following ways;  
           | • Create a detailed, realistic plan of work/ timetable for Year 2.  
           | • Produce supervisory board report written in a clear and self-reflective style | 3               | 6               |

Has the student and supervisory team considered whether the research will be using human participants, and if so, has sought and received formal university ethics approval.

Has the student and supervisory team considered whether the research uses security-sensitive material, and if so, has sought and received formal university registration of this material.
The Supervisory Panel will make a recommendation to the Research Students’ Progress Board, ahead of the next academic year. Further information regarding Supervisory Panels and Research Students’ Progress Boards can be found here: https://www.essex.ac.uk/student/postgraduate-research/pgr-progress

**Year 2 (Full time), Year 3 and 4 (Part time)**

**Ahead of the third Supervisory Panel**

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<th>Milestone</th>
<th>Requirement</th>
<th>Full Time term</th>
<th>Part Time term</th>
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</table>
| M2.1      | • Review training needs and knowledge required to continue by reviewing the Training Needs Analysis.  
• A revisited written submission of up to 5,000 words based on the feedback offered during the Confirmation Board Panel and subsequent Supervisory Meetings. | 4              | 7-9            |

**Ahead of the fourth Supervisory Panel**

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<tr>
<th>Milestone</th>
<th>Requirement</th>
<th>Full Time term</th>
<th>Part Time term</th>
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<tbody>
<tr>
<td>M2.2</td>
<td>Attend Proficio courses and plan for further courses to attend, as appropriate.</td>
<td>5</td>
<td>10</td>
</tr>
</tbody>
</table>
| M2.3      | Demonstrate work of the quality and quantity expected at the end of Year 2, in the following ways;  
• Produce another 6,000 words in good draft.  
• Report on research undertaken to date demonstrating that practice-as-research is at least 50% complete. | 5              | 11             |
| M2.4      | Review significance and impact of research and articulate output. For example:  
• Deliver workshop  
• Present research to students and staff at seminars, conference or festival.  
• Write journal article                                                                                                             | 6              | 12             |
| M2.5      | Demonstrate effective project management through the setting of research goals and prioritisation of activities, in the following ways;  
• Create a detailed, realistic plan of work/ timetable for Year 3, which demonstrates the ability to submit within the three-year standard PhD period (six years for part-time students).  
• Produce supervisory board report written in a clear and self-reflective style                                                                 | 6              | 12             |

Has the student and supervisory team considered whether the research will be using human participants, and if so, has sought and received formal university ethics approval.

Has the student and supervisory team considered whether the research uses security-sensitive material, and if so, has sought and received formal university registration of this material.

The Supervisory Panel will make a recommendation to the Research Students’ Progress Board, ahead of the next academic year. Further information regarding Supervisory Panels and Research Students’ Progress Boards can be found here: https://www.essex.ac.uk/student/postgraduate-research/pgr-progress
Year 3 (Full time), Year 5 and 6 (Part time)

Ahead of the fifth Supervisory Panel

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<th>Milestone</th>
<th>Requirement</th>
<th>Full Time term</th>
<th>Part Time term</th>
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</table>
| M3.1      | • Demonstrate the ability to reflect on skills and knowledge development and its application to the research project by reviewing the Training Needs Analysis.  
            • Produce another 4-6,000 words according to feedback from Supervisory Panel 5 and Subsequent Supervisory Meetings                                                                                             | 7              | 13-15         |

Ahead of the sixth Supervisory Panel

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<th>Milestone</th>
<th>Requirement</th>
<th>Full Time term</th>
<th>Part Time term</th>
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</table>
| M3.2      | Demonstrate work of the quality and quantity expected when nearing submission, in the following ways;  
            • PaR completed and evaluation undertaken.  
            • Produce main body of the thesis in draft form.                                                                                                                                                                     | 8              | 16            |
| M3.3      | Complete subject-specific milestones, for example;  
            Produce an effective CV presenting one’s skills, personal attributes and achievements.                                                                                                                           | 9              | 17            |
| M3.4      | Demonstrate clear evidence of progress towards submission with the following;  
            • Completed final draft of thesis for supervisor(s)/ supervisory board comment  
            • Completed documentation of PaR output/s for supervisor(s)/ supervisory board comment.                                                                                                                         | 9              | 18            |

Has the student and supervisory team considered whether the research will be using human participants, and if so, has sought and received formal university ethics approval.

Has the student and supervisory team considered whether the research uses security-sensitive material, and if so, has sought and received formal university registration of this material.

The Supervisory Panel will either confirm to the Research Student Progress Board that the student is ready to submit their thesis, or recommend that a period of completion is required (see below).

Completion Period

If, at the 6th supervisory Panel, a student isn’t on track to submit their thesis by the end of year 3 (year 6 for Part time students), a recommendation for a period of completion can be requested from the RSPB, for approval by the Faculty Dean (Postgraduate)

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<tr>
<th>Milestone</th>
<th>Requirement</th>
<th>Term to undertake work</th>
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</table>
| C1.1      | Clear plan to submission, including;  
            • Timeline of work needing to take place before submission, including full details of work yet to be undertaken  
            • Submission date agreed                                                                                                                                                                                      | Timeline agreed by Supervisory Panel. |