Postgraduate Research milestones are used to ensure students are making sufficient progress during their studies, and to provide a supportive framework to guide students through the various stages of their research. The Milestones should also help to keep students on track to submit within the appropriate period. PGR supervisors should talk through the relevant milestones during supervisory meetings and they should be referred to on a regular basis.

Supervisory Panels and Research Students’ Progress Boards will use the milestones to reflect on the level of progress being made, ahead of making a recommendation. Whilst the milestones are specific for each department and type of course, it is recognised that every research journey is different, and that whilst the milestones provide an overarching framework of expectations, a degree of flexibility should be given, based on the trajectory and scope of research.

Students and supervisors are encouraged to supplement these milestones with individual research plans which take into account the specifics of an individual research project and the individual circumstances of the PGR student.

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## Year 1 (Full time), Year 1 and 2 (Part time)

### Ahead of the first Supervisory Panel

<table>
<thead>
<tr>
<th>Milestone</th>
<th>Requirement</th>
<th>Full Time term</th>
<th>Part Time term</th>
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</table>
| M1.1      | Assess training needs and knowledge required to undertake research project and complete the thesis  
- Training Needs Analysis to be completed  
- Attend Proficio courses and plan for further courses to attend, as appropriate | 1 | 2 |
| M1.2      | Choose research topic and demonstrate significance/impact of research  
Research Project Proposal, including (dependent on subject area):  
- Write central research problem/questions to be answered  
- Develop methodology [if relevant, Practice-as- research (PaR) methodology to address the research topic]  
- Feasibility Report – identifying sources, access and ethical considerations  
Create project plan, outlining objectives for each stage | 1 | 2/3 |

### Ahead of the second Supervisory Panel (Confirmation Board)

<table>
<thead>
<tr>
<th>Milestone</th>
<th>Requirement</th>
<th>Full Time term</th>
<th>Part Time term</th>
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</table>
| M1.3      | Demonstrate understanding of chosen topic within the context of the field  
- Critical Literature Review; and/or equivalent piece of critical writing on the candidate’s undertaken practice (if PaR) scoping out field accompanied by an initial outline of thesis  
- Critical Review of Relevant Practice (if required) | 3 | 6 |
| M1.4      | Demonstrate the ability to produce work of the quality and quantity in order to complete an MPhil within the two year standard period  
- Produce sufficient draft chapters (1/3 of the thesis) or creative practice equivalent to 1/3 of the thesis  
- Evidence that academic writing and/or creative practice are of a standard and ability expected at MPhil level, including adequate referencing and language skills | 3 | 6 |
| M1.5      | Demonstration of effective project management through the setting of research goals and prioritisation of activities  
- Create a detailed, realistic plan of work/ timetable for Year 2 | 3 | 6 |

Has the student and supervisory team considered whether the research will be using human participants, and if so, has sought and received formal university ethics approval.

Has the student and supervisory team considered whether the research uses security-sensitive material, and if so, has sought and received formal university registration of this material.

The Supervisory Panel will make a recommendation to the Research Students’ Progress Board, ahead of the next academic year. Further information regarding Supervisory Panels and Research Students’ Progress Boards can be found here: [https://www.essex.ac.uk/student/postgraduate-research/pgr-progress](https://www.essex.ac.uk/student/postgraduate-research/pgr-progress)
### Year 2 (Full time), Year 3 and 4 (Part time)

#### Ahead of the third Supervisory Panel

<table>
<thead>
<tr>
<th>Milestone</th>
<th>Requirement</th>
<th>Full Time term</th>
<th>Part Time term</th>
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</table>
| M2.1      | Review training needs and knowledge required to continue with research project and complete the thesis  
- Training Needs Analysis to be reviewed  
- Attend Proficio courses and plan for further courses to attend, as appropriate | 4 | 7-8 |
|           |             | 4-6 | 7-12 |
| M2.2      | Demonstration of effective project management through the setting of research goals and prioritisation of activities  
- Create a detailed, realistic completion plan  
- Produce student progress report written in a clear and self-reflective style | 4 | 6 |
| M2.3      | Demonstrate work of the quality and quantity expected for an MPhil at the end of Year 2 (or equivalent for part-time students)  
- The majority of the research/practice completed (empirical, creative and theoretical work, where relevant)  
- Produce sufficient draft chapters (2/3 of the thesis)  
- Where appropriate, present research to students and staff at seminars / conferences | 4 | 6 |

#### Ahead of the fourth Supervisory Panel

<table>
<thead>
<tr>
<th>Milestone</th>
<th>Requirement</th>
<th>Full Time term</th>
<th>Part Time term</th>
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</thead>
<tbody>
<tr>
<td>M2.4</td>
<td>Majority of thesis completed in draft for supervisor(s)/ supervisory panel comment</td>
<td>6</td>
<td>12</td>
</tr>
</tbody>
</table>

Has the student and supervisory team considered whether the research will be using human participants, and if so, has sought and received formal university ethics approval.

Has the student and supervisory team considered whether the research uses security-sensitive material, and if so, has sought and received formal university registration of this material.

The Supervisory Panel will make a recommendation to the Research Student Progress Board, ahead of the next academic year. Further information regarding Supervisory Panels and Research Student Progress Boards can be found here: https://www.essex.ac.uk/student/postgraduate-research/pgr-progress

### Completion Period

If, at the 4th supervisory Panel, a student isn’t on track to submit their thesis by the end of year 2 (year 4 for Part time students), a recommendation for a period of completion can be requested from the RSPB, for approval by the Faculty Dean (Postgraduate)

<table>
<thead>
<tr>
<th>Milestone</th>
<th>Requirement</th>
<th>Term to undertake work</th>
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</table>
| C1.1      | Clear plan to submission, including;  
- Timeline of work needing to take place before submission, including full details of work yet to be undertaken  
- Submission date agreed | 6 for FT, 12 for PT |