

Department of Psychology Faculty of Science and Health MPhil Students

Postgraduate research milestones ensure that students are making sufficient progress during their studies, to submit within the appropriate period, and to provide a supportive framework to guide students through the various stages of their research. PGR supervisors should talk through the relevant milestones during supervisory meetings and they should be referred to on a regular basis.

Supervisory panels and Research Students' Progress Boards use the milestones to guide judgements on progress and to shape a recommendation. It is recognised that every research journey is different and that, whilst the milestones provide an overarching framework of expectations, a degree of flexibility is also required based on the scope of research.

Students and supervisors are encouraged to supplement these milestones with individual research plans which take into account the specifics of an individual research project and the individual circumstances of the PGR student.

For students who have switched between FT and PT status, the following milestones will not directly apply and may require discussion with your supervisor, the PGR psychology administrator and the PGR Director. There is not perfect alignment between the FT and PT timelines, which are provided by the university.

Year 1 (Full time) Year 1 and 2 (Part time)

Milestone	Requirement	W	undertake ork as a guide only)
Ahead of the	first Supervisory Panel	FT	PT
M1.1	Identify the research topic with provisional research question(s) and consideration for significance and viability of research. Develop an appropriate plan for progression of project during the next phase (up to second supervisory panel). Assess training needs and knowledge required to undertake research project and complete the thesis, subject to current plan development. Training Needs Analysis to be completed Consider Proficio courses (if applicable at this stage) Compulsory: Produce supervisory panel report written in a clear and self-reflective style, circulate to panel in advance of meeting	1	1-2



	Ahead of the second Supervisory Panel		
M1.2	Develop the ability to produce work of the quality and quantity to complete a MPhil. Produce a report (approximately 10,000 words, hence '10k report') including, for example: Central research questions Methodological considerations Feasibility report—identifying sources, access and ethical considerations Project plan, outlining objectives for each stage Demonstrate familiarity with literature and methodology Compulsory: Submit this 10k report to supervisors in advance of second supervisory panel and separately to PGR Administrator when submitting the SP report (via email).	1-2	1-5
M1.3	Demonstration of effective project management through the setting of research goals and prioritisation of activities. Have a realistic plan of work/timetable for the next stage Compulsory: Produce supervisory panel report, circulate to panel in advance of meeting Commence data collection, if appropriate Attend Proficio courses and plan for further courses to attend, as appropriate	3	1-5
M1.4	Demonstration of presentation skills Compulsory: Present at PGR conference in May Take up opportunities to present at academic conferences, where possible	3-4 (depends on start date)	4-6 (depends on start date)

The Supervisory Panel will make a recommendation to the Research Students' Progress Board, ahead of the next academic year. Further information regarding Supervisory Panels and Research Students' Progress Boards can be found here: https://www.essex.ac.uk/student/postgraduate-research/pgr-progress

Year 2 (Full time) Year 3 and 4 (Part time)

Milestone	Requirement		undertake ork
			as a guide only)
Ahead of the third	Supervisory Panel	FT	PT
M2.1	Demonstrate knowledge of statistics for psychologists. Complete PS908 or PS946-7-AU and PS947-7-SP, where required.	1-3	1-6
M2.2	Review training needs and knowledge required to continue with research project and complete the thesis. Training Needs Analysis to be reviewed Attend Proficio courses, as appropriate	2-4	5-7
M2.3	Demonstration of effective project management through the setting of research goals and prioritisation of activities Develop a detailed, realistic completion plan Collect and analyse data of one or more experiments.	2-4	5-7



M2.4	Demonstrate work of the quality and quantity expected for an MPhil toward the end of Year 2 (or equivalent for part-time students). Compulsory: Produce supervisory panel report, circulate to panel in advance of meeting Revise 10k report based on supervisor feedback Develop draft of thesis Evidence that academic writing is of standard and ability expected at MPhil level, including adequate referencing and language skills.	4	7
Ahead of the fourth Supervisory Panel			
M2.4	Clear evidence of progress towards submission. Submit complete near-final draft of thesis to supervisor. Compulsory: Produce supervisory panel report, circulate to panel in advance of meeting, outlining timeline of any work needed before submission. Submission date agreed.	6	12
M2.5	Demonstration of presentation skills Present at PGR conference in May Take up opportunities to present at academic conferences, where possible	6	12

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Completion Period

If, at the 4th supervisory Panel, a student isn't on track to submit their thesis by the end of year 2 (year 4 for Part time students), a recommendation for a period of completion can be requested from the RSPB, for approval by the Faculty Dean (Postgraduate)

Milestone	Requirement	Term to undertake work
		(To be used as a guide only)
C1.1	Clear plan to submission Timeline of work needing to take place before submission Submission date agreed	Timeline agreed by Supervisory Panel