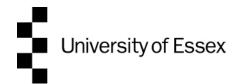


School of Sport, Rehabilitation & Exercise Sciences Standard Milestones for PhD Students – 2019-20 Entry

Milestones	Criteria for progress	Deliverables	Deadline
M1: Progress to Year 2 (or equivalent for part-time students)	A: Assess training needs and knowledge required to undertake research project and complete the thesis.	 Training Needs Analysis to be completed. Attend Proficio courses and plan for further courses to attend, as appropriate. 	 Term 1 for full-time students; Term 2 for part-time students By end of Term 3 for full-time students; Term 6 for part-time students
	B: Choose/narrow down the research topic and demonstrate significance/impact of research.	Research Project Proposal, including (dependent on subject area): Write central research problem/questions to be answered. Methodological considerations. Feasibility Report – identifying sources, access and ethical considerations Create project plan, outlining objectives for each stage.	By end of Term 3 for full-time students; Term 6 for part-time students
	C: Demonstration of effective project management through the setting of research goals and prioritisation of activities.	 Create a detailed, realistic plan of work/ timetable for Year 2. Produce supervisory board report written in a clear and self- reflective style 	By end of Term 3 for full- time students; Term 6 for part-time students
	D: Subject-specific milestones	 3000 word annual report including plan with timeline 10 minute presentation Poster presentation at SRES conference 	By end of Term 3 for full- time students; Term 6 for part-time students
M2: Confirmation	A: Demonstrate understanding of chosen topic within the context	 Critical Literature Review (where relevant) 	By Confirmation Board (Term 4 for full-time students; Term 7 for



	of the field.		part-time students)
	B: Demonstrate the ability to produce work of the quality and quantity in order to complete within the three year standard PhD period (six years for part-time students).	Evidence that academic writing is of standard and ability expected at PhD level, including adequate referencing and language skills.	By Confirmation Board (Term 4 for full-time students; Term 7 for part-time students)
	C: Subject-specific milestones	Literature review appropriate for central topic Draft experimental / study chapter Updated annual report 10-minute presentation Response to previous recommendations Oral presentation at SRES conference	By Confirmation Board (Term 4 for full-time students; Term 7 for part-time students)
M3: Progress from Year 2 to Year 3 (or equivalent for part-time students)	A: Review training needs and knowledge required to continue with research project and complete the thesis.	 Training Needs Analysis to be reviewed. Attend Proficio courses and plan for further courses to attend, as appropriate. 	 Term 4 for full-time students; Term 7 for part-time students By end of Term 6 for full-time students; Term 12 for part-time students
	B: Demonstrate work of the quality and quantity expected at the end of Year 2	 Produce 2 draft chapters/ papers Report on research undertaken to date 	By end of year Supervisory Board (Term 6 for full-time students; Term 12 for part-time students)
	C: Review significance and impact of research and articulate output.	For example: Deliver workshop Present research to students and staff at seminars/conference s Write journal articles	By end of year Supervisory Board (Term 6 for full-time students; Term 12 for part-time students)
	D: Demonstration of effective project management through the setting of research is PGRF office – September 20	Create a detailed, realistic plan of work/ timetable for Year 3 which demonstrates	By end of year Supervisory Board (Term 6 for full-time students; Term 12 for



	goals and prioritisation of activities.	the ability to submit within the three year standard PhD period (six years for parttime students). Produce supervisory board report written in a clear and self-reflective style
	E: Subject-specific milestones	 3000 word annual (which includes B and D) report including plan with timeline Oral presentation at SRES conference By end of year Supervisory Board (Term 6 for full-time students; Term 12 for part-time students)
M4: Year 3 (or equivalent for part-time students)	A: Ability to reflect on skills and knowledge development and its application to the research project	 Training Needs Analysis reviewed Analysis reviewed By the Term 7 progress board for full-time students; Term 15 for part-time students
	B: Demonstrate work of the quality and quantity expected when nearing submission	 Research completed (experimental, empirical and theoretical work, where relevant) Produce 4 draft chapters/ papers By the Term 7 progress board for full-time students; Term 15 for part-time students
	C: Clear evidence of progress towards submission	 Completed final draft of thesis for supervisor(s)/ supervisory board comment By interim Supervisory Board prior to submission/Term 7/8 for full-time students; Term 15 to16 for part-time students)
	D: Subject-specific milestones	Oral presentation at SRES conference By interim Supervisory Board prior to submission/Term 7/8 for full-time students; Term 15 to16 for part-time students)
If required: M4: Request to enter Completion period	A: Clear plan to submission	 Timeline of work needing to take place before submission Submission date agreed