## School of Sport, Rehabilitation & Exercise Sciences
### Standard Milestones for PhD Students – 2019-20 Entry

<table>
<thead>
<tr>
<th>Milestones</th>
<th>Criteria for progress</th>
<th>Deliverables</th>
<th>Deadline</th>
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</table>
| M1: Progress to Year 2 (or equivalent for part-time students) | A: Assess training needs and knowledge required to undertake research project and complete the thesis. | ▪ Training Needs Analysis to be completed.  
▪ Attend Proficio courses and plan for further courses to attend, as appropriate.                                                                 | ▪ Term 1 for full-time students; Term 2 for part-time students  
▪ By end of Term 3 for full-time students; Term 6 for part-time students |
|                                                | B: Choose/narrow down the research topic and demonstrate significance/impact of research. | Research Project Proposal, including (dependent on subject area):  
▪ Write central research problem/questions to be answered.  
▪ Methodological considerations.  
▪ Feasibility Report – identifying sources, access and ethical considerations  
▪ Create project plan, outlining objectives for each stage. | By end of Term 3 for full-time students; Term 6 for part-time students |
|                                                | C: Demonstration of effective project management through the setting of research goals and prioritisation of activities. | ▪ Create a detailed, realistic plan of work/timetable for Year 2.  
▪ Produce supervisory board report written in a clear and self-reflective style | By end of Term 3 for full-time students; Term 6 for part-time students |
|                                                | D: Subject-specific milestones | ▪ 3000 word annual report including plan with timeline  
▪ 10 minute presentation  
▪ Poster presentation at SRES conference | By end of Term 3 for full-time students; Term 6 for part-time students |

M2: Confirmation

A: Demonstrate understanding of chosen topic within the context

▪ Critical Literature Review (where relevant)

By Confirmation Board (Term 4 for full-time students; Term 7 for part-time students)
### M3: Progress from Year 2 to Year 3 (or equivalent for part-time students)

<table>
<thead>
<tr>
<th>A: Review training needs and knowledge required to continue with research project and complete the thesis.</th>
<th>Training Needs Analysis to be reviewed.</th>
<th>Term 4 for full-time students; Term 7 for part-time students</th>
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<tbody>
<tr>
<td>B: Demonstrate work of the quality and quantity expected at the end of Year 2</td>
<td>Produce 2 draft chapters/papers</td>
<td>By end of year Supervisory Board (Term 6 for full-time students; Term 12 for part-time students)</td>
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<td>C: Review significance and impact of research and articulate output.</td>
<td>For example: Deliver workshop, Present research to students and staff at seminars/conferences, Write journal articles</td>
<td>By end of year Supervisory Board (Term 6 for full-time students; Term 12 for part-time students)</td>
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<tr>
<td>D: Demonstration of effective project management through the setting of research</td>
<td>Create a detailed, realistic plan of work/timetable for Year 3 which demonstrates</td>
<td>By end of year Supervisory Board (Term 6 for full-time students; Term 12 for part-time students)</td>
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<tr>
<th>B: Demonstrate the ability to produce work of the quality and quantity in order to complete within the three year standard PhD period (six years for part-time students).</th>
<th>Evidence that academic writing is of standard and ability expected at PhD level, including adequate referencing and language skills.</th>
<th>By Confirmation Board (Term 4 for full-time students; Term 7 for part-time students)</th>
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<tbody>
<tr>
<td>C: Subject-specific milestones</td>
<td>Literature review appropriate for central topic, Draft experimental/study chapter, Updated annual report, 10-minute presentation, Response to previous recommendations, Oral presentation at SRES conference</td>
<td>By Confirmation Board (Term 4 for full-time students; Term 7 for part-time students)</td>
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</table>
goals and prioritisation of activities. | the ability to submit within the three year standard PhD period (six years for part-time students).  
- Produce supervisory board report written in a clear and self-reflective style | part-time students)

E: Subject-specific milestones

| 3000 word annual (which includes B and D) report including plan with timeline  
- Oral presentation at SRES conference | By end of year Supervisory Board (Term 6 for full-time students; Term 12 for part-time students) |

M4: Year 3 (or equivalent for part-time students)

| A: Ability to reflect on skills and knowledge development and its application to the research project | Training Needs Analysis reviewed | By the Term 7 progress board for full-time students; Term 15 for part-time students |

| B: Demonstrate work of the quality and quantity expected when nearing submission | Research completed (experimental, empirical and theoretical work, where relevant)  
- Produce 4 draft chapters/papers | By the Term 7 progress board for full-time students; Term 15 for part-time students |

| C: Clear evidence of progress towards submission | Completed final draft of thesis for supervisor(s)/supervisory board comment | By interim Supervisory Board prior to submission/Term 7/8 for full-time students; Term 15 to 16 for part-time students |

| D: Subject-specific milestones | Oral presentation at SRES conference | By interim Supervisory Board prior to submission/Term 7/8 for full-time students; Term 15 to 16 for part-time students |

If required: M4: Request to enter Completion period

| A: Clear plan to submission | Timeline of work needing to take place before submission  
- Submission date agreed | Timeline agreed by Supervisory board. |

Approved by Deputy Dean via PGRE office – September 2019