**Work (Research) Activity Risk Grid**

Only required to be filled out for PGR students carrying out face to face data collection

|  |  |  |  |
| --- | --- | --- | --- |
|  |   |  | Based on risk after control measures are implemented |
| Risk ID | Risk Factors | Controls | Low \* | Standard | Medium | High |
| 1 | Public/student Facing |  |  |  |   |   |   |   |
| 2 | Ability to maintain social distancing at work |  |  |   |   |   |   |
| 3 | Number of different people sharing the workplace |  |   |   |   |   |
| 4 | Workplace entry and exit |  |   |   |   |   |
| 5 | Availability and use of PPE if advised  |  |   |   |   |   |
| 6 | Ability to maintain hand hygiene |  |   |   |   |   |
| 7 | Workplace environment cleanliness control |  |   |   |   |   |
| 8 | Ability to avoid symptomatic people |  |   |   |   |   |
| *\**a low risk environment is likely to be home working or isolated, non-shared office working•a standard risk environment is likely to be working in all areas with the appropriate control measures in place •a medium risk environment is likely to be working in areas where there are some higher hazard and risk levels (but control measures are in place or roles where physical distancing is not always possible) •a high risk and very high environmental risk will be in an area where there are confirmed COVID-19 cases without PPE |

# INDIVIDUAL HEALTH RISK ASSESSMENT CHECKLIST FOR COVID-19

# FOR AT-RISK STUDENTS AND PREGNANT STUDENTS (Stage 2)

|  |  |
| --- | --- |
| Name of Student  |  |
| Age\* (age bracket or actual age)  | Age <40 40-60 60+ 70+ |
| Gender\* |  |
| Ethnicity\* please circle  | White, Mixed, Asian or Asian British, Black or Black British other Ethnic Groups  |
|  |  |
| Department/Section/Location |  |
| Please indicate if going into a health care setting  | Yes/NO |
| Name of Academic Supervisor |   |
| Date of Assessment |  |
| Telephone Number of Student |  |
| Students email address |  |
| \*These questions have been asked to help us calculate a “Covid-age” which will be considered in conjunction with clinical judgement. As more data about Covid-19 have been collected and analysed, current evidence makes it apparent that age has the biggest effect on clinical outcomes, with underlying conditions, gender, BMI and ethnicity having a smaller but significant effect. It is therefore necessary for us to collect confidentially this information to help evaluate the level of risk to individuals.[[1]](#footnote-1) These records will be kept for 40 years in line with advice from HSE. |

|  |  |
| --- | --- |
| INDIVIDUAL HEALTH ASSESSMENT | Have you received a ‘shielding letter from the government? Yes or No  |
|
| **Does the student falls into the RED defined ‘extremely vulnerable group’ by having ANY of the conditions listed?**Please circle: **YES** or **NO**  | * Organ transplants
* Specific cancers
* Severe respiratory conditions such as cystic fibrosis and severe asthma as would require regular hospital admissions or regular treatment with tablet steroids, Bronchiectasis, COPD
* Rare diseases and specific genetic disorders of metabolism that increase the risk of infections such as sickle cell disease
* Immunosuppressant treatment sufficient to increase the risk of infection (i.e. high dose immunosuppressant drugs)
* Pregnancy in which the mother has significant congenital or acquired heart disease at any gestation, or other underlying conditions such as any of the above, such workers are advised to work from home or stay at home until date of end of maternity leave when risk must be re-assessed
* It is currently advised by PHE and Society of Occupational Medicine, that staff in this group need to work from home for the recommended period.
* Over 70
* Aged 60 to 70\*

*\*If the student is between 60-70 years old has no health concerns, is well and has no other risk factors identified on the form then it will not be necessary for the supervisor to refer them unless there are other specific concerns.* **Students in this category need to be referred to Occupational Health****Whether or not the students in these groups can remain on placement and what duties they can do, will depend on an OH clinical risk assessment.** |
| **Does the member of Student fall into the AMBER risk group by having any of the conditions listed?**Please circle: **YES** or **NO** | BAME and over 55BAME with Co-morbidities (with one or more medical conditions)* Pregnancy:
	+ Under 28 weeks gestation should not work in front facing public roles or roles where social distancing cannot be achieved
	+ Over 28 weeks gestation should be advised to work from home or stay at home until end of maternity leave

(Any gestation with underlying conditions - see below\*)* Under 60 with an underlying health condition including:
* BMI > 40 ([BMI Calculator](https://patient.info/doctor/bmi-calculator-calculator) to determine BMI available)
* Chronic (long-term) respiratory diseases, such as asthma, chronic obstructive pulmonary disease (COPD), emphysema or bronchitis
* Chronic heart disease, such as heart failure
* High blood pressure (requiring two medications or poorly controlled or with complications)
* Chronic kidney disease
* Chronic liver disease, such as hepatitis
* Chronic neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), a learning disability or cerebral palsy
* Diabetes (type I and II)
* Problems with spleen – for example, sickle cell disease or if spleen removed
* A weakened immune system as a result of conditions such as HIV and AIDS, or medicines such as steroid tablets or chemotherapy

**Students in this category need to be referred to Occupational Health****Whether or not student in these groups can remain in the workplace and what duties they can do, will depend on an OH clinical risk assessment.** |
| **Does the student fall into this YELLOW group?**Please Circle: **YES** or **NO** | * Aged under 60 with one of the following conditions
* Uncomplicated BMI > 30 ([BMI Calculator](https://patient.info/doctor/bmi-calculator-calculator) to determine BMI available)
* Type 2 diabetes controlled by diet and/or tablets and with no complications (no ischaemic heart disease)
* Stable asthma only needing a reliever inhaler and not requiring hospital admission, no steroid treatment
* High blood pressure without complications and controlled by a single medication (but not an ACE inhibitor)
* Treated viral hepatitis without fibrosis
* Treated epilepsy (not if underlying cause is due to MS/ tumour)
* Splenic dysfunction or spleen removed
* Treated HIV with undetectable viral load and CD4>350
* Low dose immunosuppressant drugs
* Under 55 if from a BAME background with no underlying conditions
* Dyslexia
* Learning difficulties and Dyspraxia but able to follow hygiene precautions
* Suffering from poor mental health (but not limited to) undiagnosed/diagnosed Anxiety, Stress, Depression
* Student who has concerns on attending placements for their research campuses as they live with others in their household who are shielding or as they live with others diagnosed clinically vulnerable
* Any other health condition not listed that you are concerned puts you at higher risk of COVID-19.

**This subgroup may be able to attend placements providing control measures for social distancing and hygiene measures in standard or medium risk areas are maintained.****Students in this group do not need an automatic referral to Occupational health. Students can request to be referred by their line manager if they have any health concerns that fall in the Yellow Category about returning to campus.** |
| **Does the student fall into the GREEN group?**Please circle:**YES** or **NO** | * Aged under 60 with **no** underlying conditions mentioned above.

This group can work in all campus areas following Governement and University guidance on COVID-19 safe working practices. **Students in this Category do not need to be referred to Occupational Health** |

Student Declaration:

I understand that details about my specific diagnosis or condition will not be disclosed to my department or research placement.

I understand that the risk category (green, yellow, orange, and red) that I declare will only be shared in order to allocate a placement or to make appropriate adjustments within the placement

To the best of my knowledge, the information I have completed in the form above is accurate

Students Name:

Signature:

Date

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Overall Outcome: (TO BE COMPLETED BY THE Academic supervisor):

|  |  |  |  |
| --- | --- | --- | --- |
| Workplace Activity Risk Category(Stage 1) | STANDARD | MEDIUM | HIGH |
| Individual Risk Category(Stage 2) | GREEN | YELLOW | AMBER | RED |
| What Control measures are in place?How will the member of staff be travelling to campus, flexibility over start and finish times may need to be considered to avoid rush hour?  |
| If the individual is considered to be at increased risk, can they be moved to a lower risk setting with increased control measures? | YES (Detail) | NO (Detail) |
| Is a referral to Occupational Health Required? | YESPlease complete the COVID-19 referral form attaching this form and send to the OH Query | NO |
| Signed (Manager): | Date: |
| Signed (Member of Staff) | Date: |

1. <https://alama.org.uk/covid-19-medical-risk-assessment/how-to-interpret-covid-age> [↑](#footnote-ref-1)