

Connexions

November 2025



Essex
Neurology
Network



This news bulletin brings together news and information about local Essex NHS Neurology services, support groups for patients, their families & carers, and local and national initiatives and research, which we hope you will share with colleagues, family and friends

Our next Open meeting

Is especially for all the charities that we link with in Essex

We need you! We need your help!

We should like to invite anyone volunteering or employed by a charity that supports people in Essex with a neuro-condition to join us on-line on

Thursday December 4th at 4pm

'ENNgage with Us'

Together we are stronger!

We want to hear your ideas and share our ideas with you

[Click here to book your place](#)



**We are delighted to announce that
Professor Andrew Bateman
is to become our Patron!**



He has been our cornerstone for the past two years, helping us to establish ourselves as the key organisation bringing together everyone interested in neurological conditions in Essex. His experience of neurological conditions and his many contacts in the world of neurology have proved invaluable, whilst his vision for the Health, Well-being and Care Hub at the University of Essex has been inspirational! We hope he will still find time to join us at our events, so we can continue our partnership with him. The committee would like to thank him for everything he has done in supporting the Network so far and look forward to his new role with us.

Essex Neurology Network is set to change in the New Year! We plan to change our status from an unincorporated association to a CIO – a Charitable Incorporated Association. We shall be applying to the Charity Commission soon and hope to be wearing our new coat in early 2026. This will build on our achievements during the past two years and enable us to move forward confidently into the future. We shall keep you updated in forthcoming newsletters.

We have also applied for funding from the Lottery Awards for All, in which we hope we shall be successful before the end of the year. We have plans for a big Publicity Campaign and an exciting new project involving people's stories of their journeys with a neurological condition.



Christmas will soon be here! Sign up NOW!

We'd like to invite you to join up with easyfundraising, so that all the money that you spend on Christmas presents, decorations, food and holidays, counts in helping raise funds for Essex Neurology Network.

We need to raise funds for our big publicity campaign next Spring, so we can reach more people with neuro-conditions through a new website, publicity materials and a special event.

Over 8,000 retailers will donate to us when you use easyfundraising to shop with them – **at no extra cost to yourself!** All you need to do is **sign up and remember to use easyfundraising whenever you shop online. It's easy and completely FREE!** These donations really mount up, so please sign up to support us at <https://www.easyfundraising.org.uk/causes/essex-neurology-network/>



MID ESSEX NEIGHBOURHOOD TEAMS

SUPPORTING THE PEOPLE OF MID ESSEX
TO LIVE THEIR BEST LIVES

Mid-Essex Neighbourhood Handbook

A digital resource shared monthly with partners across the health & care system. The handbook contains the contact details & role descriptions of over 700 partners from across Mid Essex working in the health & care system. In addition, the handbook also includes the following: contacts, GP surgeries, pharmacies & care homes by Neighbourhoods, links to Drop-in/Forums/etc., postcode look up, interactive Neighbourhood map, shared care record resources & links to other system support & directories.

This useful resource for professionals within Mid Essex has been designed as a *1-STOP-SHOP* for navigating Neighbourhood working, which supports partners to quickly find relevant colleagues within each Neighbourhood Area alongside accessing other advice and support within the system.

Currently holding about 700 contacts, the database is updated monthly and includes contact details from a huge range of support organisations throughout Mid-Essex.

Should your colleagues/team members wish to be given access to this resource, they will need to complete the [Partner One Page Bio Form](#) giving consent to collate their details and to be added to the Mid Essex Neighbourhoods distribution list.

If you have any queries or require further assistance, please email the Mid Essex Neighbourhood Teams inbox and we shall get back to you. provide.midessex.integratedneighbourhoods@nhs.net



Trump administration's latest autism claims

Recently, the Trump administration released a statement about autism. They suggested a link between paracetamol use during pregnancy and autism, and announced the approval of the drug Leucovorin as a treatment for autism.

These claims are not backed up by strong scientific evidence, and the language used has been harmful to autistic people and the wider autism community.

We've written a blog to set out the facts and gathered quotes from experts in their fields to explain why these claims are untrue. For more information:

[The Trump administration's latest autism claims: what does the research say? | Autistica](#)

Inflammatory Neuropathies UK

IN Essex Get-together

We are Inflammatory Neuropathies UK, the only UK charity which is completely dedicated to providing information and support to people impacted by Guillain-Barré Syndrome (GBS), CIDP, MMN, and other Inflammatory Neuropathies. As much as friends and family can offer support and a listening ear, sometimes it helps to talk to people who really understand. The conditions we support are rare and, chances are you have never met anyone who is in the same position as you.

That's why we run local get togethers; a safe space for members, friends, families, carers and other supporters, to meet and offer each other help and advice. You can share your stories and experiences, and importantly, know that you are not alone.

Join us for our first get-together in Essex on **Saturday November 8th** in Billericay. Contact us on **01529 469910** or email Jenny on jenny.vol@inflammatoryneuropathies.uk **We look forward to seeing you! If you know of anyone with an inflammatory neuropathy, do please tell them about this event.**



Alzheimer's Society

It will take a society to beat dementia

What is 'tau' and what role does it play in dementia?

In the laboratory, dementia researchers focus on understanding how sickness in the brain can lead to loss of memory and identity.

Over many studies, a few key proteins have stood out as having a significant role, and one of them is tau. Dr Miguel Ramirez Moreno [studies tau through his work](#) as a postdoctoral researcher with Professor Amrit Mudher, and her AS funded project grant. This helpful explainer on tau's function in dementia: [What is 'tau' and what role does it play in dementia? | Alzheimer's Society](#)

Crafty ideas to keep Alzheimer's patients busy

While looking after her mum, who had mixed dementia, Heather O'Neil discovered lots of new craft and activity ideas for her on-line. As her condition progressed, she used online tools to keep her mum active and happy. [5 online activity ideas for people living with dementia | Alzheimer's Society](#)



New blood test ‘can detect ME/CFS’

University of East Anglia Researchers claim in a research paper recently published in the Journal of Translational Medicine. Dr Charles Shepherd, MEA Hon Medical Adviser to the ME Association, comments: ““These results appear to be an important step forward in the search for a diagnostic blood test... Further research needs to be carried out to properly validate and repeat these findings before concluding that we do now have a highly sensitive and specific diagnostic blood test for ME/CFS.”

[Blood test ‘can detect ME/CFS’, UEA Researchers Claim - The ME Association](#)



The Patients’ Association

reports that the Government has announced a review of the Carr-Hill formula, the system used to decide how GP funding is distributed across England. The review aims to make funding fairer for communities with the greatest health needs, including those in more deprived and coastal areas.

[Our response to the announced review of the Carr-Hill formula for GP funding | The Patients Association](#)



Voluntary work experience for University of Essex Students

Do you have an opportunity for a student to gain experience working with neuro-patients? If so, please contact us and we shall be happy to pass it on. In addition if you are a student seeking voluntary work, then you can request such opportunities by

briefly advertising through this newsletter. The next newsletter will be published in January - closing date is December 1st. essexneuronetwork@gmail.com



GoVo – Ready for launch

We’re excited that GoVo, the new digital volunteering platform went live on October 17th.

The Royal Voluntary Service calls for charities to join GoVo ahead of the national TV and poster ad campaign to inspire Britons to give their time to good causes. The campaign will point volunteers to **GoVo**, the new digital volunteering platform. Hundreds of charities have been involved in helping shape the platform. The goal is to inspire the next generation of volunteers and will inspire the nation to get volunteering by showing the surprising breadth of rewarding volunteering opportunities on offer. Charities of all sizes looking to recruit volunteers are being urged to sign up to GoVo and upload volunteering roles in time for the campaign launch, to maximise the opportunity to welcome new volunteers who will be directed to the platform.

[Volunteering call to action to take centre stage | News | Royal Voluntary Service](#)



New ADHD assessment centres

Mid and South Essex Integrated Care ICB have commissioned five new specialist providers to provide ADHD assessments and treatment for adults.

This means patients now have more choice for their care providers, which now form a network of locally commissioned NHS services for adults in mid and south Essex. In addition to the adult ADHD service already commissioned from Essex University Partnership Trust (EPUT), local GPs can now refer patients directly to one of these providers to support patient choice:

- Atrom Mindcare
- Elixir Medics
- The Owl Centre
- Care ADHD
- Harrow Health

These new service providers provide much-needed additional capacity that will help to meet local demand for adult ADHD services and reduce waiting times for diagnosis and treatment. Adult ADHD patients in Mid & South Essex can now request a referral to one of these locally commissioned services.



New test could diagnose a brain tumour in two hours

We’ve partnered with Worldwide Cancer Research to co-fund research. A new test, developed at the University of Nottingham, could reduce the time to molecularly diagnose brain tumours from 6-8 weeks to as little as two hours.

The research team used the approach during 50 brain tumour surgeries to deliver rapid diagnoses during the procedures. It achieved a 90% success rate, providing accurate results in under two hours from biopsy. By taking a tumour biopsy, the type and grade can be diagnosed. This is vital to determine the most effective treatment and a person’s prognosis. Although it looks promising, the test needs further validation and comparison to current techniques before becoming widely available.

Read more at [TBTC_TGM_Autumn_2025_Digital_V4_AW-2.pdf](#)



Christmas feels a long way off - we know but our brand new range of Epilepsy Society Christmas cards are now available to buy through our online shop. It's the perfect chance to get ahead and beat the festive rush. From snowy wintery scenes to bright and cheerful illustrations, there's something for everyone. Every pack you purchase helps spread joy to friends and family while raising vital funds for groundbreaking research and life-changing support for people living with epilepsy.

Browse: [Epilepsy Society - Shop](#)



Huntington's Disease Association

Positive news from pharmaceutical drug company

Amazing news about a new treatment for Huntington's disease. New experimental gene therapy has been developed by uniQure to slow the progression of Huntington's disease. Gene therapy aims to fix or replace genes that don't work properly. A stunning breakthrough!

"This result is the good news we've been working and waiting for, not just a treatment that slows progression of this terrible disease, but one that does so with truly stunning effectiveness. It is nothing less than the dawn of a new age for families impacted by Huntington's disease. We must now work diligently to turn this breakthrough into something that benefits everyone who needs it." said Professor Ed Wild, Professor of Neurology at University College London and a Consultant Neurologist at the National Hospital for Neurology and Neurosurgery in London's Queen Square.

Cath Stanley BEM, Chief Executive of the Huntington's Disease Association, said *"This is a significant breakthrough, and I am sure it will bring hope to anyone affected by Huntington's disease. This trial shows an astonishing 75% slowing of progression in the disease. That is remarkable and will bring much needed optimism to the Huntington's disease community."*



New Guide

"Hurry Up and Wait!" by Jimmy Pollard is a guidebook that has helped many people better understand the challenges associated with Huntington's - as well as giving practical ideas on how to provide good support. To purchase a copy, go to hda.org.uk/hurry-up-and-wait/

We're delighted to welcome Jimmy Pollard for his special webinar.

Jimmy is an international speaker on the care of people with Huntington's disease, and is the author of 'Hurry Up and Wait!', a guide that has helped many people better understand the challenges faced by people with Huntington's - as well as giving practical ideas on how to provide good support. In this webinar Jimmy will be chatting about some of the themes of his book.

[Huntington's Disease Association – Hurry Up and Wait! Revisited](#)



ASSOCIATION OF BRITISH NEUROLOGISTS

2025 Undergraduate Prize

The ABN offers an annual undergraduate prize to support neuroscientific excellence. The prize is open to all current UK medical students, to encourage undergraduates to develop an interest in neurology. There are three categories of entry, each with a £200 prize. Entries must be about

work undertaken since entering medical school. Deadline January 12th 2026. For details see: **[Undergraduate Prize](#)**



HBA Support

**EXCLUSIVE PREVIEW!
NEW PATIENT GUIDE**

Our New Patient Guide to Hereditary Brain Aneurisms

was built from the voices of people who've stood where you are today. Through heartfelt conversations and thoughtful surveys, we asked, "What do you wish you'd known from day one?" And then we listened.

With those insights, we partnered with leading experts - interventional neuroradiologists, neurosurgeons, specialist neuro nurses, genetic counsellors, and health communicators—to ensure every page is accurate, clear, and truly helpful. It's taken over 18 months of dedication, collaboration, and care, and we couldn't be prouder of what we've achieved.

This guide is for patients, by patients -with the wisdom of medical professionals and the compassion of lived experience. It's here to replace fear with facts, and isolation with support.

Download the guide from [5293c9_47d8fc6e6aaa41c8bb0ef0082cb0f14b.pdf](#)



NHS Leadership Changes

Since 1 October, Integrated Care Boards across the East of England have begun to work more closely, forming new clusters that will create more streamlined, sustainable health and care systems.

On Monday 30 September, the ICB announced that local healthcare leader Tom Abell has been appointed as Chief Executive Designate of the new Essex Integrated Care Board (ICB) cluster. This new cluster will see a single body responsible for the strategic commissioning of NHS services for the whole of Essex.

Dr Jane Halpin, who was Chief Executive of Hertfordshire and West Essex Integrated Care Board, has taken on the role of Managing Director of the East of England Office of Commissioning and will lead work to transfer responsibilities for commissioning specialised services, health and justice, vaccinations, screening, and delegated primary care services to ICBs over the next 18 months.



New NHS Volunteering website

NHS England has officially launched its latest scheme, making it easier than ever for people to find and apply for volunteering opportunities across the country.

For the first time, all NHS volunteer vacancies are brought together in one place, helping people connect with roles that suit their skills, interests, and availability. Whether supporting patients in hospitals, helping communities through response roles, or contributing to neighbourhood services, the website offers something for everyone.

Volunteers play a vital role in strengthening local services and improving patient experience. If you've ever thought about giving your time to support the NHS, now is the perfect opportunity to get involved.

[NHS Volunteering - Homepage](#)



Martha's Rule rolled out in England

The NHS has announced the rollout of Martha's Rule to every acute hospital in England, following a pilot phase. It gives patients and their families a voice, as new data shows hundreds of patients have benefitted from potentially life-saving changes to their care, with 241 cases of life-saving intervention.

"Behind the nearly 5,000 calls made in the last year are patients and families who were deeply concerned, worried that something wasn't right and potentially unsure if they would be listened to. When people feel confident to speak up, and know their concerns will be acted on, the NHS becomes safer, more compassionate, and more responsive." says Rachel Power, CEO of the Patients Association. This is patient power in action and can lead to life-saving action; it is a landmark moment for patient safety."

Martha Mills died in 2021 aged 13 years, after developing sepsis in hospital, where she had been admitted with a pancreatic injury after falling off her bike. Martha's family's concerns about her deteriorating condition were not responded to, and in 2023 a coroner ruled that Martha would probably have survived had she been moved to intensive care earlier.

Learn more at [NHS England » Martha's Rule rolled out to all acute hospitals](#)



The Daisy Garland

A charity working exclusively for children and families whose lives have been touched by drug-resistant epilepsy. Set up in 2004 in memory of our daughter, Daisy, the Daisy Garland provides positive support for some of the 18,000 children in the UK who suffer from drug-resistant epilepsy. We are mindful of the complex needs of families whose children have epilepsy - we have first-hand experience, and we are here to help. The help we offer is life-changing and wide ranging.

We have a growing number of babies and children desperately waiting for a life-saving monitor. It costs £455 to fund an epilepsy monitor and £880 to fund a SATs monitor - we can only provide as many monitors as funds allow. Our dream would be to give them all a monitor in time for Christmas. **Will you help us? Every donation, no matter how small, is gratefully received.**

[Give the Gift of Safe Sleep this Christmas | The Daisy Garland](#)



Promoting motor recovery after stroke - Department of Psychology Research
New research at the university is a study by a 2nd year PhD student working with Dr Sel and Prof Stagg on eClinicalMedicine.

Stroke is the most prevalent neurological disorder in adults, representing the primary cause of long-term disability and the second leading cause of mortality globally. It causes a range of cognitive and motor impairments that evolve over time, often presenting simultaneously in a non-systematic, compounded manner. Lasting upper limb symptoms are particularly common and have a significant impact on stroke survivors' quality of life, affecting 55%–75% of survivors.

We focus on post-stroke motor recovery, which we explore using cortico-cortical paired associative stimulation (ccPAS), an advanced non-invasive brain stimulation technique. It supports post-stroke motor rehabilitation, aiming to improve current rehabilitation methods that often have limitations. Unlike traditional methods, ccPAS allows us to target specific neural pathways, enhancing neural plasticity in cortical networks, and to create personalised interventions tailored to each individual's needs.

This work represents an important step in translating advanced neuroscience into potential clinical solutions for post-stroke motor rehabilitation. For more information contact d.falaschi@essex.ac.uk
Read the full article for more insights: <https://doi.org/10.1016/j.eclinm.2025.103473>



Understanding Post-Traumatic Epilepsy

Every 90 seconds, someone is taken to a UK hospital with a brain injury. The effects can be life-changing and life-long. Headway, the brain injury association is here to support survivors, and their loved ones, every step of the way.

In this webinar, the speakers will explain what they know about epilepsy after a head injury, how common it is, what treatments and support are available for people with post-traumatic epilepsy and what steps can be taken to prevent it.

Watch the video - [Understanding Post-traumatic Epilepsy | Headway - the brain injury association](#)



Rare Barometer Survey

Do you, or someone you know, have a rare condition?

We aim to better understand your experience by asking questions on how you cope with daily stress, which support you can rely on, or how you manage to learn, work, and contribute to your community while living with a rare or undiagnosed condition. This will help us advocate for tailored solutions for people with rare conditions and their families to live life to the fullest.

It should take no more than 20 minutes to complete and closes on 16 November 2025. You can use the following link to invite your friends or family to take the survey, it is available in 25 languages: tiny.cc/RB-MH

The more people who take the survey, the stronger our voice will be!

You will be informed about the results of the survey following your participation and we will also share these results with decision-makers in order to bring about change for the rare disease community.

Please note: All of the information shared with us is completely confidential and complies with the General Data Protection Regulation (GDPR). Your contact details will be kept in secure storage, which only the research team can access. A EURORDIS INITIATIVE



Muscular Dystrophy UK Muscles Matter Podcast Series

Welcome to our podcast series - a podcast for people living with a muscle wasting and weakening condition, their family & carers. This series is informed by insights from our community about what you want to listen to – themes that span from health and wellbeing, the latest research, tips and advice on day to day living with a muscle wasting condition, to inspirational stories from our community.

We'll be welcoming lots of interesting guests onto our show from people with lived experience, researchers, health professionals to carers and many more.

The podcasts are available across all podcast platforms and on [our YouTube channel](#)

Muscular Dystrophy UK podcast: Muscles Matter - Muscular Dystrophy UK



Dual Diagnosis of Down's Syndrome and Autism Thursday November 13th 2025 | 10.30am – 12 noon | FREE training!

Free, on-demand recordings of many of our training sessions of this and other topics are available, as well as our open webinars and support groups. Our Information and Training team are also working with universities, colleges, public bodies and more, to deliver bespoke training. For details see:

[Supporting people with a dual diagnosis of Down's syndrome and autism - Downs Syndrome Association](#)



Finding strength through support

Be Part of a Festive Film

It's less than 60 days until Christmas and we would love stroke survivors and their families to be part of our festive film this year. We are inviting people to

share videos from the past few years - not just Christmas Day itself, but the build up & that slow quiet time afterwards.

What are we looking for? Moments that felt joyful, meaningful, or memorable - before or after stroke:

- Family arriving, hugs & greetings
- Decorating the house, wrapping or opening presents
- Christmas dinner (at home or in hospital)
- Winter walks, Christmas jumpers, or family games
- Rehab or recovery milestones in Winter
- Quiet moments of support & tenderness

There is no "right" kind of video - big or small, every moment matters.

We are especially looking to show life after stroke: moments where the physical impact may be visible, but there is still joy and connection with loved ones. We can't guarantee that your footage will be featured in the final film, but we hope to feature as many contributors as we can.

If you'd like to take part, send us your clips via WhatsApp number [07342 049945](https://www.whatsapp.com/business/profile/07342049945) and help us show what Christmas really looks like after stroke.

A stroke can be sudden and shocking, often affecting your emotional wellbeing. It's common to feel alone or isolated — but connecting with others who understand stroke first-hand can help you feel more supported and find your strength in your recovery.

Built on friendships and fun, groups are a place where you can:

- Connect with other people who've had a stroke, and their families.
- Try new things.
- Learn more about stroke and recovery.
- Build confidence.

Some groups meet for a cup of tea and a chat. Other groups include activities, such as exercise sessions, games and quizzes, guest speakers, singing and more. Groups can be big or small, meeting weekly or monthly. Some meet in person, others online.

Groups are all run by friendly and dedicated volunteers. Many have experienced stroke themselves.



TIME FOR CHANGE SUMMIT 2025

**UKABIF Summit
Monday 3rd November
at Manchester, M50 3AZ**

We are delighted to announce the UKABIF Summit 2025, which promises to be a day to educate, enlighten and connect!

UKABIF is a membership organisation and believes that by bringing together all parties with an interest in acquired brain injury we have a stronger voice. Our members include:

- People living with ABI and their carers
- Healthcare professionals working in the field of ABI including rehabilitation physicians, neurologists, neuropsychologists, nurses and other professionals allied to medicine
- Case managers and social workers
- Personal Injury Lawyers; Independent and NHS care providers
- Voluntary and community group professionals and organisations

For information about other upcoming events see:

[Brain Injury Events Calendar - United Kingdom Acquired Brain Injury Forum](#)

MS-UK's Helpline

Living with MS can bring a rollercoaster of emotions. Whether you're newly diagnosed with [multiple sclerosis](#) (MS), facing a relapse, supporting someone with MS, or just having a tough day, it can sometimes feel like no one truly understands what you're going through.

That's where the MS-UK's Helpline comes in. Our team is here to listen, without judgement and without rushing you. We offer emotional support, information, and a safe space to talk openly about whatever's on your mind. You don't need to have a specific question or a crisis to get in touch.

Maybe you're feeling isolated, struggling to explain symptoms to others, or unsure how to take the next step. Whatever you're facing, we're here to walk alongside you. You can [talk to our helpline](#) about anything MS-related, whether that's symptom management, support with daily living, lifestyle changes or you simply need a friendly chat. We are here for you at every turn. Call [0800 793 0518](tel:08007930518).

ALZHEIMER'S RESEARCH UK FOR A CURE

Trial to Transform Diagnoses

The ADAPT trial is now underway to see if using a simple blood test can improve diagnosis for Alzheimer's. Having an earlier and more accurate diagnosis is critical as it gives people the answers they need, and unlocks care and support. It also enables people to take part in research and access new and emerging treatments on the horizon. Today, one in three people are living with dementia without a formal diagnosis. This is preventing them from being able to plan, having the support and treatments they need and taking part in research.

Getting a dementia diagnosis can be a long and worrying wait for many people, despite the hard work of healthcare professionals. A clinical trial is now underway that will show if a blood test can help diagnose Alzheimer's earlier and as accurately as current tests. Blood tests like this have many advantages. They offer a less invasive, more accessible, and cost-effective alternative to standard methods. But there is still more we need to know.

We launched our Dementia Unseen campaign earlier this year. It calls for ambitious reform from the Government over the next 10 years to make sure the NHS is ready to deliver faster, more accurate dementia diagnoses. Sign the petition now: [Dementia Unseen - Alzheimer's Research UK](#)

World Stroke Day – Wednesday October 29th 2025

Every day in the UK, another 240 people wake up to the life-changing impact of a stroke. It can leave people unable to see, speak or swallow. We're here with stroke support for every survivor and their loved ones, for however long it takes.

The Stroke Association is the only charity in the UK providing lifelong support for all stroke survivors and their families. We provide a number of ways to connect stroke survivors with people with lived experience of stroke. Discover insights into causes, symptoms, prevention, and rehabilitation, but also what services and support the Stroke Association offers for stroke survivors or anyone involved with stroke. Join us on World Stroke Day as we focus on the truth about post-stroke recovery.

[World Stroke Day 2025 | Stroke Association](#)

Care Connect Group at The Health, Well-being and Care Hub, University of Essex

Care Connect is a monthly support group for carers of brain injury survivors, which starts on Tuesday November 11th from 6 to 7.30pm and then meeting on the first Tuesday of each month, it offers a safe place to share, learn and connect with input from clinical psychologists, and resources tailored to carer needs. The group aims to foster social connection, reduce isolation, and recognise and empower carers in their vital role. Make a referral today! For more information:

<https://www.essex.ac.uk/centres-and-institutes/health-wellbeing-and-care-hub/our-services/care-connect>

Thought for today

In 20 or 30 years time, people won't remember your name or your achievements, or maybe even what you look like ... but in 20 or 30 years time, they will remember how you made them feel and the memories you gave them.

If you have a story about how someone went out of their way to do something special, to help you or someone with a neurological condition that you know, then please send it to us at: essexneuronetwork@gmail.com



Short articles or adverts about neurological conditions, services or support organisations are welcome.
The next deadline is December 1st. Please send to essexneuronetwork@gmail.com