

COURSE INFORMATION

UKCC LEVEL 2

SQUASH COACH



BEFORE GOING ON THE COURSE:



Before you can apply you:

- Must be 17 years of age or above
- If completing your qualification in England be a Level 1 qualified England Squash & Racketball Licensed coach
- 50 recorded coaching hours
- Complete the UKCC Level 2 application form at the back of this document and send with a cheque for £340 to England Squash & Racketball
- Book on a First Aid Course (minimum 3 hours)
- Once your application has been processed you will be sent a confirmation letter and a pre-course CD rom
- Download and complete documents on the CD rom. This will tell you what is in the course and what you need to do to complete it. There is also an exercise to review your coaching skills and discover your personality style
- Identify a qualified coach to support you during your coaching practice which includes the delivery of 10 lessons - 5 individual and 5 group
- Find an individual and a group of players to deliver your 5 individual and 5 group lessons

On day 1 & 2 you should:

- Attend the course from 9.00 am – 5.00 pm
- Please wear appropriate squash clothing and trainers. You will also need a pen to complete sections of your candidate pack



PREPARING FOR DAYS 3 & 4



You will have approximately 8 weeks between days 2 & 3. Use your candidate pack to complete the following:

- Complete a venue risk assessment
- Complete your coaching practice
- Undertake a player needs analysis and complete a medical form for the individual and group of players you will be coaching
- Utilising the player needs analysis complete a linked and progressive plan for a series of five linked lessons for your individual and group coaching
- Utilising the linked and progressive plan, create ten lesson plans – five individual lessons and five group lessons
- Complete a lesson safety checklist before delivering each lesson
- Deliver all ten lessons – five individual lessons and five group lessons ensuring your support coach signs your coaching practice log
- Evaluate ten lessons identifying areas of development
- Review the player needs analysis document to see how effective your coaching practice was
- Answer the extended study questions
- Complete the rules of squash questions, referee two squash matches and evaluate your performance
- Answer the rules of squash questions



On days 3 & 4 you should:

- Attend day 3 from 9.00 am – 5.30 pm
- Attend day 4 which will include the **observation and internal assessment of a 20 minute individual lesson and the observation and independent assessment of a 20 minute group lesson**

Certification:

Qualifications will only be awarded once all assessment tasks have been completed and attendance certificates at the First Aid have been signed by your course tutor or sent to ESR

Level 2 Certificate in Coaching Squash

Candidate Application Form and Profile

Candidates applying for the Level 2 Certificate in Coaching Squash (L2CCSQ) qualification should complete this form and return to their appropriate approved centre or tutor. Please complete all sections in BLOCK CAPITALS. This information will be used to register you with the awarding body 1st4sport Qualifications and by The National Source Group for Squash (*Mandatory information).

Essential Candidate Registration Details

First name*		Known as name	
Surname*			
Gender*	Male / Female	Date of Birth*	
Full Postal Address*			
Postcode*		Contact Telephone No.*	
Email Address*			
N.I. No.		Unique Learner No.	

Ethnicity*

I would describe my ethnic origin as:

Asian British Bangladeshi	<input type="checkbox"/>	Indian	<input type="checkbox"/>	Other white	<input type="checkbox"/>
Asian British Indian	<input type="checkbox"/>	Mixed White and Asian	<input type="checkbox"/>	Pakistani	<input type="checkbox"/>
Asian British Pakistani	<input type="checkbox"/>	Mixed White and Black African	<input type="checkbox"/>	Prefer not to say	<input type="checkbox"/>
Bangladeshi	<input type="checkbox"/>	Mixed White and Black Caribbean	<input type="checkbox"/>	White British	<input type="checkbox"/>
Black African	<input type="checkbox"/>	Other	<input type="checkbox"/>	White European	<input type="checkbox"/>
Black British	<input type="checkbox"/>	Other Asian	<input type="checkbox"/>	White Irish	<input type="checkbox"/>
Black Caribbean	<input type="checkbox"/>	Other Black	<input type="checkbox"/>	White Non European	<input type="checkbox"/>
Chinese	<input type="checkbox"/>	Other Mixed Background	<input type="checkbox"/>		

Disability*

Do you consider yourself to have a disability?
If Yes, what is the nature of your disability?

Yes / No/ Prefer not to say *

Hearing	<input type="checkbox"/>	Multiple	<input type="checkbox"/>	Mobility	<input type="checkbox"/>	Other	<input type="checkbox"/>
Learning	<input type="checkbox"/>	Visual	<input type="checkbox"/>	Physical	<input type="checkbox"/>	Prefer not to say	<input type="checkbox"/>

Course Details

Level 2 Certificate in Coaching Squash (L2CCSQ)			
Course date*		Course fee attached	£
Course venue*		VAT Registered	YES / NO *

Declaration*

I have & enclose a copy of my ENGLAND SQUASH Criminal Records Bureau (CRB) Disclosure Certificate?		Yes / No / NA
Signature	Date	

Nomination signature from an ESR Regional Coach or Tutor

Signature:

Name:

Date:

