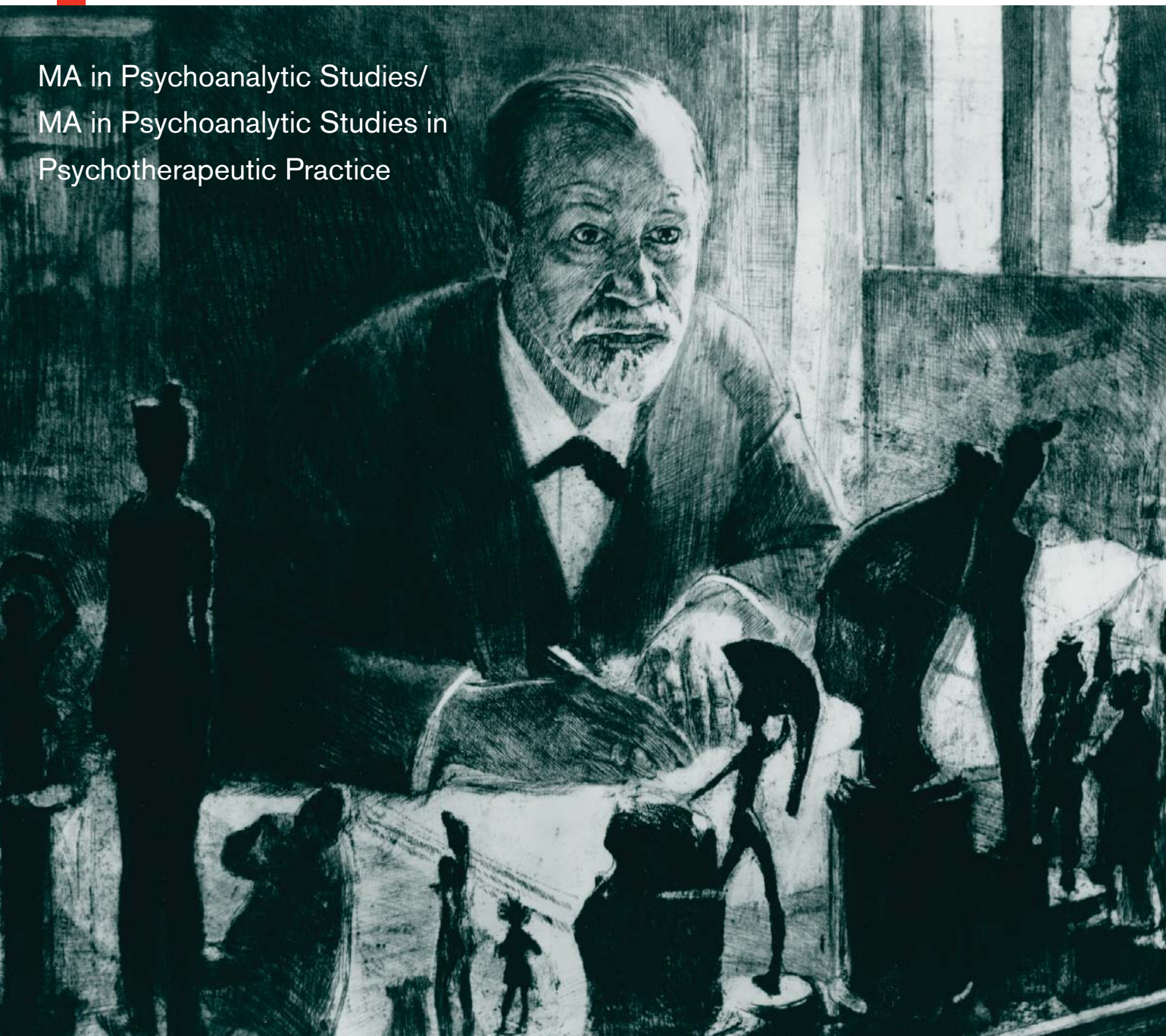


MA in Psychoanalytic Studies/ MA in Psychoanalytic Studies in Psychotherapeutic Practice



Cover image: 'Sigmund Freud seated at his desk' 1914, Max Pollack, reproduced by kind permission of the Freud Museum Archive (IN517Pollak).

Key Features of the Programmes

- Concentrates on the theory and practice of the British Object Relations tradition, broadly conceived
- Explores the cultural and intellectual milieu in the development of psychoanalysis
- Explores methodological issues in psychoanalysis
- Designed for both clinical and non-clinical students, each aspect enriching the other
- Encourages an attitude of inquiry - thinking psychoanalytically

Who should study the MA in Psychoanalytic Studies/MA in Psychoanalytic Studies in Psychotherapeutic Practice?

The degree will be suitable for:

- Professionals in mental health, such as psychiatrists, mental health nurses and clinical psychologists, who seek a psychoanalytic grounding for, or perspective on, their work
- Other professionals who recognise the importance of relationship in their work, such as teachers, social workers, doctors, nurses, lawyers
- Students who plan to train in psychoanalysis or psychoanalytic psychotherapy, and who seek both a grounding in psychoanalytic theory and an opportunity to explore issues related to psychoanalysis
- Academics from other fields, such as sociology, history, philosophy, literature, film and theatre studies, politics, psychology, who seek a psychoanalytic perspective on their work, either by way of content or methodology

HOW DO I FIND OUT MORE...

For further information, please contact the Graduate Administrator at the Centre for Psychoanalytic Studies by e-mail on cps-pgt@essex.ac.uk, by telephone on +44 (0)1206 874470, or by post at: The Centre for Psychoanalytic Studies, University of Essex, Wivenhoe Park, Colchester CO4 3SQ UK.

For further information, please visit our website: www.essex.ac.uk/centres/psycho/

MA in Psychoanalytic Studies/MA in Psychoanalytic Studies in Psychotherapeutic Practice

A Description of the Programmes

The MA in Psychoanalytic Studies focuses on 'thinking psychoanalytically', which offers a profound and unique approach to understanding a range of practices and phenomena. It is fundamentally a feature of the psychoanalytic clinical process, but other clinical practices and non-clinical practices - historical, literary, artistic, political, social etc - present similar opportunities, both for applying psychoanalytic thinking and methods, and for bringing the special quality of psychoanalytic thinking into sharper focus.

This MA provides a thorough grounding in psychoanalytic theory, concentrating on the 'British School', broadly speaking. It encourages a critical attitude, by understanding psychoanalysis and its theories historically, comparatively and in terms of the clinical experiences from which its theories were developed, and by exploring the nature and limits of psychoanalytic methodology in both clinical and non-clinical settings. Students with both clinical and non-clinical interests and career plans will find that it focuses and deepens their psychoanalytic understanding.

The MA in Psychoanalytic Studies in Psychotherapeutic Practice is a modification of the MA in Psychoanalytic Studies, orientated specifically towards the clinical interests of trainees in psychoanalytic psychotherapy.

Why Choose the MA in Psychoanalytic Studies/MA in Psychoanalytic Studies in Psychotherapeutic Practice at the University of Essex?

Staff are psychoanalytic clinicians as well as academics, who can address the interests and needs of both clinical and non-clinical students.

In addition to a thorough grounding in psychoanalytic theory in the British Object Relations tradition, both programmes explore the nature of psychoanalytic inquiry, as well other methodological issues, such as the kinds and limits of evidence.

The MA in Psychoanalytic Studies also explores the intellectual and cultural influences on the development of psychoanalysis and the MA in Psychoanalytic Studies in Psychotherapeutic Practice combines a foundation for clinical studies with academic debate on the nature of psychoanalytic inquiry.

Students come from richly varied cultural, professional and academic backgrounds, and they join a lively and diverse teaching and research community, with opportunities for other activities and for further study.

Aims and Objectives of the MA programmes

Aims:

- To provide a grounding in psychoanalytic theory of the 'British School' of psychoanalysis
- To place psychoanalysis in the social, cultural and intellectual milieu in which it developed
- To show the importance of understanding psychodynamic - especially unconscious - forces in clinical and non-clinical situations
- To explore methodological issues in psychoanalysis: what is special about psychoanalytic methodology; what are its strengths and weaknesses?
- To promote the use of psychoanalysis to understand phenomena outside the clinical domain, as well as to use knowledge and insights from these sources in order better to understand psychoanalytic thinking
- To encourage a questioning and curious attitude towards psychoanalysis, and to understand psychoanalysis as a questioning and curious discipline

Objectives:

- By the end of the degree scheme, students should be able to:
- Show a grasp of the key theories in the 'British School' of psychoanalysis and of the leading themes in this tradition, with an understanding of their relationship to each other
- Show an understanding of psychoanalytic thinking and of the milieu in which psychoanalysis developed in order critically to discuss ways in which it either reflected or added a new dimension to that milieu
- Critically assess a psychoanalytic presentation
- Show an understanding, including a comparative theoretical perspective, of psychodynamic, principally unconscious, forces
- Show an understanding of, and an ability to evaluate, methodological issues in psychoanalysis: what is special about psychoanalytic methodology, what are its strengths and weaknesses
- Define and research into an area of special interest

Staff and Fellows and their Research Interests

Rachel Blass, BA MA Psych MA Phil PhD Psych *Jerusalem, Boston (Professor)*

Conceptual, epistemological, and ethical foundations of psychoanalytic theory and practice; development and relevance of Freud's thoughts.

Marie Bridge, MA *Oxford*, Fellow Training and Supervising Analyst Institute of Psychoanalysis (*Honorary Senior Lecturer*)
Psychoanalysis and literature; language and psychoanalysis; French psychoanalysis.

Graham Clarke, BSc *London*, MSc *CNAA*, MA *Tavistock*, PhD *Essex (Fellow)*
Fairbairn's object relations theory; personal relations theory - Fairbairn, Suttie and Macmurray; an object relations theory of creativity; an object relations theory of film and dramatic narrative; political theory and object relations; critical realism and psychoanalysis.

Karl Figlio, BSc PhD *Chicago*, Associate Member LCP (*Professor and Director of the Centre*)
Psychoanalytic understanding of inquiry, including historical and scientific inquiry; masculinity; ideas of nature; psychoanalytic theory; absolutism (fundamentalism) in the individual and society.

RD Hinshelwood, BSc MB BS *London*, FRCPSych, Full Member British Psycho-analytic Society (*Professor*)
Application of psychoanalysis to social sciences; psychoanalysis and philosophy; therapeutic communities; group dynamics; history of psychoanalysis.

Roderick Main, MA *Oxford*, PhD *Lancaster (Lecturer)*
Historical, philosophical, religious and cultural contexts of analytical psychology; depth psychology; religion, and modernity, synchronicity, myth

Shiho Main, MA *Kent*, PhD *Essex (Fellow)*
Jungian child therapy; theories of psychological development; history of children and childhood; psychological issues related to children's rights.

Nick Midgley, BA *Oxford*, MSc PsychD *University College London*, Member Association of Child Psychotherapists (*Lecturer*)
Child psychoanalysis and psychotherapy; qualitative and clinical research methods; children's film and literature.

David Millar, BA CertEd *Manitoba*, MA *Essex*, Member Association of Child Psychotherapists (*Honorary Senior Lecturer*)
Perinatal psychology; psychotherapy with victims and perpetrators; institutional dynamics; psycho-social aspects of child abuse.

Zah Ngah, BSc Psych D *Surrey*, Member Association of Child Psychotherapists, Tavistock Society of Psychotherapists and British Psychoanalytic Council (Fellow)
Psychoanalytic infant observation; psychotherapists perspectives on work with children and adolescents; organizational consultation; psychoanalytic understanding of race, racism and culture; psychoanalytic work with refugees and asylum seekers.

Renos Papadopoulos, DipClinEdPsych *Belgrade*, PhD *Cape Town*, Member IGAP (*Professor*)
Analytical psychology and epistemology; the interface between analytical psychology and systems, family therapy and cultures; working with survivors of violence and disasters; forced migration and refugees.

Joan Raphael-Leff, BA *Tel-Aviv*, MSc *LSE*, PhD *Essex*, Full Member British Psycho-Analytic Society (*Visiting Professor*)
Intrapsychic and interpersonal processes in childbearing and parenting; psychoanalytic concepts applied to primary care; cross-cultural aspects of gender, fertility and childbearing; psychosocial and ethical issues in reproductive technology; perinatal emotional disturbances and psychotherapy; developmental processes.

Susan Rowland, BA *Oxford*, MA *London*, PhD *Newcastle (Fellow)*
Jung and literature and literary theory; Jung and gender and feminism; Jung and popular culture.

Nicholas V Sakharov, BA MA PhD *Oxford (Fellow)*
Modern orthodox theology of personhood; Russian religious thought of the nineteenth to twentieth century. (Berdyayev, Bukgakov, Florensky, etc.); new testament studies (especially modern personalistic approaches).

Andrew Samuels, DipSocAdm PGDipSocWStud *LSE*, DHumLet Pac *Graduate Institute*, Training Analyst Society of Analytical Psychology, Honorary Fellow United Kingdom Council for Psychotherapy (*Professor*)
Application of psychoanalytic thinking to politics; comparative theoretical research in depth psychology; political, social and cultural aspects of transference and counter-transference; the father; the construction of masculinity; the history of Jungian psychology.

Michael Scott, RGN, RMN, MA *Hertfordshire*, Member Institute of Group Analysis (*Honorary Senior Lecturer*)
Psychoanalysis of groups and organizations; clinical supervision and psychosocial practice in care settings; authority and leadership; popular culture; psychosis.

Andrew Thomas, RMN, MA *Essex*, MSc *Birkbeck (Fellow)*
Clinical Supervision; psychosomatics and groups; psychoanalysis and popular culture; psychoanalysis of organizations; dynamic administration.

Morag Turner, RMN, MA *Essex*, M Inst GA (*Fellow*)
Therapeutic communities; psychoanalysis of groups and organizations; leadership and authority; clinical supervision.

John Walshe, LRCPI LRCSI Fellow Royal College of Psychiatrists, Member IGA, Consultant Psychotherapist North Essex Mental Health Partnership Trust (*Honorary Senior Lecturer*)
The creation of psychological space in group settings; application of linguistic theory to the practice of psychotherapy.

Christina Wieland, BA *Open*, Full Member London Centre for Psychotherapy, Full Member The Lincoln Clinic, Associate Member AGIP (*Fellow*)
Female development and gender identity; mother-daughter relationship; masculinity; culture and psychic structure.

Programme Structure

The MA in Psychoanalytic Studies/MA in Psychoanalytic Studies in Psychotherapeutic Practice consists of four taught courses and a dissertation:

■ Course One

Psychoanalytic Theory

This course provides a grounding in psychoanalytic theory, with a clear orientation towards the 'British School' of psychoanalysis. Whilst basically theoretical, it builds on the premise that psychoanalytic conceptualisations are fundamentally clinical and teachers will make use of clinical material. It includes the key concepts of the British School, including those of Klein, Bion, the Balints, Fairbairn, Guntrip, Winnicott, Britton, Segal, Rosenfeld and Heimann, which students will be meeting in the other psychoanalytic courses they are undertaking.

■ Course Two

Psychoanalytic Methodology

This course is unusual in that it contributes to the creation of a critical debate on the application of psychoanalysis. It explores the use and validity of psychoanalytic ideas in generating knowledge, both inside and outside the consulting room. It asks whether the extrapolation of ideas from the controlled setting in which they were gained, as in the natural sciences, is valid for ideas gained within the psychoanalytic setting and what it means to think psychoanalytically. It examines how we use psychoanalytic insights in the generation of truth and meaning, using specific illustrations of the application to literature, art and social science to the nature of culture itself and its symbolic underpinning, and to the nature of persons who engage in these activities.

■ Course Three

Freud in Contexts (or Psychodynamic Observation for the MA in Psychoanalytic Studies in Psychotherapeutic Practice)

This course explores the biographical, intellectual, and cultural roots of psychoanalysis. It asks how the intellectual and cultural currents of Freud's time, as well as Freud's biography, informed the development of psychoanalysis. It also asks what psychoanalysis uniquely contributes to understanding these intellectual and cultural currents, and it encourages a critical, interpretive use of texts.

■ Course Four

Thinking Psychoanalytically

This takes up topics in a series of modules, both to apply psychoanalytic thinking to them and to deepen understanding of psychoanalytic theory. (This course is modified to enhance its clinical orientation for the MA in Psychoanalytic Studies in Psychotherapeutic Practice)

■ Dissertation

Students produce a 12,000 word dissertation, in consultation with their supervisor. This offers an opportunity to explore a theme of the student's own choice, in depth, with supervisory help, since topics are limited only by requiring psychoanalytic content and by the realistic constraints of time.

■ Assessment

The degree is assessed by 5,000 word essays (for each course) and a 12,000 word dissertation.

■ Attendance

Teaching for the part-time version of these MA schemes takes place on Wednesday during term-time in the first year and Tuesday in the second year. Full-time students attend for both days for one academic year.

CENTRE FOR PSYCHOANALYTIC STUDIES

There has been a very lively interest in Psychoanalytic Studies at the University of Essex over many years. Recognising this, the University established the Centre for Psychoanalytic Studies in December 1993.

The Centre shares in the character of the University, with about 100 students at any one time, from many countries, including Greece, Mexico, Portugal, Chile, Brazil, Canada, the US, Ireland, Germany, Israel, Egypt, China, Sweden, Taiwan, Turkey and Japan, as well as the UK. The Centre also shares a 6* RAE rating with the Department of Sociology.

The Centre brings together diverse traditions of psychoanalytic and Jungian interest within the University and the clinical experience of practitioners. It was founded with a particular philosophy: that psychoanalysis and Jungian psychology are rich in their sources and affiliations yet are, at root, clinical disciplines. Programmes offered by the Centre aim to convey something of the grounds of psychoanalytic knowledge, and therefore make use of experiential components and

clinically-oriented teaching. Staff are practitioners as well as scholars. We share an interest in psychoanalytic thinking and methods, as well as in fields that can be enriched by psychoanalytic understanding and that, in turn, can enrich psychoanalysis and Jungian psychology themselves.

The University of Essex has an admirable tradition of interdisciplinary teaching and research, which is built into the faculty structure of the institution. Centre staff include the Director, Professors of Psychoanalysis, Professors of Analytical Psychology, Lecturers, Honorary Senior Lecturers and several Fellows who are qualified adult and/or child psychoanalytic psychotherapists and group analysts. The Centre is surrounded by strong departments that support its work.

Students are able to take advantage of this rich environment, and build upon their MA studies by pursuing research towards a PhD.

THE UNIVERSITY OF ESSEX

The University of Essex received its Royal Charter in 1965 and is now one of the UK's leading academic institutions, dedicated to research, teaching and scholarship of the highest international standards.

The University is ranked seventh nationally for teaching and tenth for research. The Higher Education Council for England (HEFCE) assesses every university department for their academic research, with ratings on a scale of 1 to the highest mark of 5*. In the last Essex assessment, all departments received a 3, 4, 5, or 5* rating and two of those 5* departments, Government and Sociology, have been upgraded to the new 6* grade. Essex is proud to have two 6* departments as this rating is only given to UK departments, from all disciplines, that have consistently been awarded 5*. This means it only applies to around 100 departments across the country. The Centre for Psychoanalytic Studies submits with the Department of Sociology.

HEFCE and the Quality Assurance Agency also carry out assessments on UK university teaching. Subjects are given a total grade out of 24 and, at Essex, no subject has scored less than 20 and the University has five subjects that scored 24/24.

The University has a beautiful 200 acre parkland campus, just outside of Britain's oldest recorded town, Colchester. Colchester has a range of shops, cafes, restaurants and pubs, as well as a leisure centre with a swimming pool. It is 45 minutes by train to central London and there are excellent transport links to Ipswich, Cambridge, Norwich and the south of

England. Stansted airport, which offers many cheap flights to Europe, is less than an hour away by a bus that passes through campus, and Harwich ferry port can be reached in 30 minutes.

All teaching buildings are on site at the Wivenhoe Park campus and there are 400 Pentium PCs available within the University's extensive computing laboratories, many of which are open 24 hours a day. The University Library is well-equipped with more than 910,000 books, periodical issues and microfilms. It has long opening hours, a total of 84 hours over seven days a week during term-time and 42-84 hours in the vacations.

Around forty acres of the campus are devoted to sports. The onsite Sports Centre has a multi-purpose hall for indoor activities such as badminton, fencing or basketball; there are also four squash courts and an indoor climbing wall. The gym has a free weights space, fixed resistance stations and cardiovascular equipment; there is also a studio for aerobics, martial arts and the like.

The Students' Union offers around 100 different clubs and societies (ranging from cultural to social to political) as well as a student-run newspaper and radio station. In their spare time, students can relax in the numerous cafes on campus, visit one of Essex's four bars or go to the University nightclub! There are also shops, a Post Office and two major banks on campus, plus a theatre and an art gallery for plays and exhibitions by students and professional groups.