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# MA in Jungian and Post-Jungian Studies

## The University of Essex

The University of Essex received its Royal Charter in 1965 and is now one of the UK's leading academic institutions, dedicated to research, teaching and scholarship of the highest international standards.

The University is ranked seventh nationally for teaching and tenth for research. The Higher Education Council for England (HEFCE) assesses every university department for their academic research, with ratings on a scale of 1 to the highest mark of 5\*. In the last Essex assessment, all departments received a 3, 4, 5, or 5\* rating and two of those 5\* departments, Government and Sociology, have been upgraded to the new 6\* grade. Essex is proud to have two 6\* departments as this rating is only given to UK departments, from all disciplines, that have consistently been awarded 5\*. This means it only applies to around 100 departments across the country. The Centre for Psychoanalytic Studies submits with the Department of Sociology.

HEFCE and the Quality Assurance Agency also carry out assessments on UK university teaching. Subjects are given a total grade out of 24 and, at Essex, no subject has scored less than 20 and the University has five subjects that scored 24/24.

The University has a beautiful 200 acre parkland campus, just outside of Britain's oldest recorded town, Colchester. Colchester has a range of shops, cafes, restaurants and pubs, as well as a leisure centre with a swimming pool. It is 45 minutes by train to central London and there are excellent transport links to Ipswich, Cambridge, Norwich and the south of England. Stansted airport, which offers many cheap flights to Europe, is less than an hour away by a bus that passes through campus, and Harwich ferry port can be reached in 30 minutes.

All teaching buildings are on site at the Wivenhoe Park campus and there are 400 Pentium PCs available within the University's extensive computing laboratories, many of which are open 24 hours a day. The University Library is well-equipped with more than 910,000 books, periodical issues and microfilms. It has long opening hours, a total of 84 hours over seven days a week during term-time and 42-84 hours in the vacations.



## HOW DO I FIND OUT MORE...

For further information, please contact the Senior Student Administrator at the Centre for Psychoanalytic Studies by e-mail on: [cpspgt@essex.ac.uk](mailto:cpspgt@essex.ac.uk), by telephone on: +44 (0)1206 874470, or by post at: Centre for Psychoanalytic Studies, University of Essex, Wivenhoe Park, Colchester CO4 3SQ, UK.

For further information, please visit our website: [www.essex.ac.uk/centres/psycho/](http://www.essex.ac.uk/centres/psycho/)

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## A Description of the Programme

First presented in 1998, this unique and internationally acclaimed MA has been designed for a wide range of students from both clinical and non-clinical backgrounds. It takes an informative, critical, and reflective stance in relation to the key texts of Jung, the diverse contexts from which analytical psychology emerged, and the core concepts developed by Jung, post-Jungians and scholars. It explores both clinical theory and applications in areas such as cultural and gender studies, social and political theory, philosophy, myth, and religion.

## Why Choose the MA in Jungian and Post-Jungian Studies at the University of Essex?

The programme is aimed at people from a wide range of disciplines and professional backgrounds who are interested in:

- Eventually training as Jungian analysts or psychotherapists
- Undertaking research using analytical psychology as the theoretical framework or methodology
- Developing a Jungian depth psychological understanding of culture and society, including the psychodynamics of the workplace
- Fostering creative psychodynamic thinking in the arts and media
- Enhancing their ability to work with Jungian ideas independently

## Aims and Objectives of the MA

### Aims:

- To develop the ability to analyse closely various key texts by Jung;
- To assist students to locate analytical psychology within the context of other relevant historical, cultural, philosophical, socio-political, clinical, and epistemological discourses;
- To provide an in-depth understanding of Jungian and post-Jungian theory and concepts;
- To explore the possibilities and limitations of applying analytical psychology to various socio-cultural fields or topics;
- To help students define and carry out research in an area of special analytical psychological inquiry and to provide them with the necessary skills for such research.

### Objectives:

By the end of the degree scheme, students should be able to:

- Critically evaluate the guiding ideas, underlying assumptions, forms of argument, uses of evidence, and modes of expression in key texts by Jung;
- Understand enough of the contexts in which analytical psychology developed to discuss ways in which it either reflected or added a new dimension to those contexts;
- Discuss in depth the key theories and concepts of analytical psychology, both as formulated by Jung and as developed by post-Jungians;
- Apply analytical psychology critically to the illumination of cultural and social issues;
- Define and research into an area of special interest.

The programme will be taught by means of tutor-led seminars and research fora, one-to-one tutorials, and structured independent study.

## Staff and Fellows Teaching on the MA in Jungian and Post-Jungian Studies:

**Roderick Main**, MA *Oxford*, PhD *Lancaster* (*Senior Lecturer and Director*)

Historical, philosophical, and cultural contexts of analytical psychology; depth psychology, religion, and modernity; synchronicity; myth

**Renos Papadopoulos**, DipClinEdPsych *Belgrade*, PhD *Cape Town*; Member, IGAP (*Professor*)

Analytical psychology and epistemology; the interface between analytical psychology and systems, family therapy and cultures; working with survivors of violence and disasters; forced migration and refugees

**Andrew Samuels**, DipSocAdm, PGDipSocWStud *LSE*, DHumLet *Pac. Grad. Ins.*; Training Analyst, Society of Analytical Psychology; Honorary Fellow, United Kingdom Council for Psychotherapy (*Professor*)

Application of psychoanalytic thinking to politics; comparative theoretical research in depth psychology; political, social and cultural aspects of transference and counter-transference; the father; the construction of masculinity; the history of Jungian psychology

**Malcolm Davy-Barnes** RMN. MA *Essex*. Member, Association of Independent Psychotherapists & Confederation for Analytical Psychology (*Fellow*)

History and anthropology of psychotherapy; The growth and use of imagination in therapy and supervision.

**Lucy Huskinson**, MA *PhD Essex* (*Fellow*)

Depth psychology and philosophy; depth psychology and religion; symbolism; myth; phenomenology of architecture; on being ordinary; lucid dreaming and its implications for analysis.

**Shiho Main**, MA *Kent*, *PhD Essex* (*Fellow*)

Jungian child therapy; theories of psychological development; history of children and childhood; psychological issues related to children's rights

**Susan Rowland**, BA *Oxford*, MA *London*, PhD *Newcastle* (*Fellow*)

Jung and literature and literary theory; Jung and gender and feminism; Jung and popular culture

## Other staff and fellows:

**Marie Bridge**, MA *Oxford*; *Fellow, Institute of Psychoanalysis* (*Honorary Senior Lecturer*)

Psychoanalysis and literature; language and psychoanalysis; French psychoanalysis

**Graham Clarke**, BSc *London*, MSc *CNAA*, MA *Tavistock*, PhD *Essex* (*Fellow*)

**Karl Figlio**, BSc, PhD *Chicago*; Associate Member, LCP (*Professor*)

Psychoanalytic understanding of inquiry, including historical and scientific inquiry; masculinity; ideas of nature; psychoanalytic theory; absolutism (functionalism) of individual society

**R.D. Hinshelwood**, BSc MB BS *London*, FRCPsych; Full Member, British Psycho-analytic Society (*Professor*)

Application of psychoanalysis to social sciences; psychoanalysis and philosophy; therapeutic communities; group dynamics; history of psychoanalysis

**Sue Kegerreis**, MA *Oxon*, PGCE *Roehampton*, Member, Association of Child Psychotherapists, Member, British Psychoanalytic Council (*Senior Lecturer*)

Psychotherapy in children and adolescents; psychodynamic counselling with children and adolescents; applications of psychodynamic thinking in non-clinical work; organisational dynamics; eating disorders; training issues with counsellors and psychotherapists.

**Nick Midgley**, BA Hons *Oxford*, MSc, PsychD *University College London*; Member, Association of Child Psychotherapists (*Visiting Lecturer*)

**David Millar**, BA *CertEd Manitoba*, MA *Essex*; Member, Association of Child Psychotherapists (*Honorary Senior Lecturer*)

Perinatal psychology; psychotherapy with victims and perpetrators; institutional dynamics; psycho-social aspects of child abuse

**Zah Ngah**

BSc, Psych D (*Clinical Psychology - Surrey*), Member Association of Child Psychotherapists, Tavistock Society of Psychotherapists and British Psychoanalytic Council (*Fellow*)

**Joan Raphael-Leff**, BA *Tel-Aviv*, MSc *LSE*, PhD *Essex*; Full Member *British Psycho-Analytic Society* (*Visiting Professor*)

**Nicholai V Sakharov**, BA MA *PhD Oxford* (*Fellow*)

**Michael Scott**, RGNm RMN, MA *Hertfordshire*; Member, Institute of Group Analysis (*Honorary Senior Lecturer*)

Psychoanalysis of groups and organizations; clinical supervision and psychosocial practice in care settings; authority and leadership; popular culture; psychosis

**Andrew Thomas** RMN, MA *Essex*, MSc *Birkbeck* (*Fellow*)

**Morag Turner**, RMN, MA *Essex*, MA *Institute of Group Analysis* (*Fellow*)

**John Walshe**, LRCPI, LRCSI; *Fellow, Royal College of Psychiatrists*; Member, IGA; *Consultant Psychotherapist, North East Essex Mental Health Trust* (*Honorary Senior Lecturer*)

The creation of psychological space in group settings; application of linguistic theory to the practice of psychotherapy

**Christina Wieland**, BA (*Hons*) *Open*; Full Member, *London Centre for Psychotherapy*; Full Member, *The Lincoln Clinic*; Associate Member, *AGIP* (*Fellow*)

# Programme Structure

## The MA in Jungian and Post-Jungian Studies consists of four taught modules and a dissertation:

### Module 1:

PA971 Key Texts of C. G. Jung

This module will examine in depth some of Jung's key texts. The first half of the module will critically explore texts relating to Jung's theory of myth and its application. It will also include analysis of the mythopoic dimension of Jung's own writing. The second half of the module will examine texts exemplifying Jung's work as psychological theorist and as critic of science, religion, and society. Again, attention will be given to the manner as well as the matter of Jung's writing. The particular texts studied on the module may change from year to year.

### Module 2:

PA972 Jung in Contexts

This module explores the historical, philosophical, cultural, and religious background of analytical psychology. It includes a core of seminars in which special attention is paid to Jung's collaborative relationship with Freud and to their divergence. In the other seminars, issues more specific to Jung's own thinking and to their development in analytical psychology are explored. This structure allows the development of a comparative as well as a contextual view of analytical psychology.

### Module 3:

PA973 Key Concepts in Jungian and Post-Jungian Psychology

The module introduces the central theoretical concepts of analytical psychology which will be located within critical, comparative and experiential perspectives. A further aim is to introduce students to the general field of contemporary post-Jungian psychology and familiarise them with the relevant literature. The interface between analytical psychology and

psychoanalysis will be fore-grounded. In addition, opportunities will be provided for the theoretical exploration of the connection between these key concepts and their clinical use.

The module will be taught by sixteen analytical psychologists from a variety of backgrounds, groups, and theoretical perspectives.

### Module 4:

PA974 Selected Applications of Analytical Psychology

This module is designed to appraise the applicability of Jungian and post-Jungian modes of enquiry in diverse social and cultural fields with special reference to selected pressing problems in contemporary Western societies. Current controversies and debates will be presented for evaluation from the perspective of Jungian and post-Jungian psychology. The relevance of the epistemological, ethical and clinical positions developed within the Jungian and post-Jungian traditions for those working in other fields will be elucidated.

PA981 Dissertation

The dissertation is an opportunity for students to research and write in greater depth on any chosen topic in Jungian studies. Work on the dissertation is supported by regular research fora and individual tutorials.

### Assessment

The degree is assessed by four 5,000-word essays (one each for modules 1 to 4) and a 12,000-word dissertation.

### Attendance

Contact teaching for the part-time (two-year) version of the MA is on Tuesdays during term time in the first year of study and on Wednesdays during term time in the second year of study. Contact teaching for the full-time (one-year) version is on Tuesdays and Wednesdays during term time. Attendance at these times is a requirement of the degree. There is no distance-learning option for this degree.



## MA in Jungian and Post-Jungian Studies

### Key Features of the Programme

- Full-time (one-year) and part-time (two-years) provision
- Specially timetabled to enable those not local to the University to attend
- Taught by internationally renowned academics and analysts
- Concepts module taught by a team of analysts from across the whole spectrum of Jungian theoretical and clinical orientations
- In certain circumstances, possession of this MA may meet the academic (though not the clinical or other) requirements of (a) some trainings in analytical psychology and Jungian analysis that are recognised by the International Association for Analytical Psychology and of (b) those seeking Individual Membership of the International Association for Analytical Psychology. (The MA itself is an academic not a clinical qualification.)

### Entry Qualifications

A good first degree (first class or upper second class) or equivalent professional qualification plus sample of written work demonstrating academic ability. Applicants without such qualifications, but who can otherwise demonstrate relevant experience and academic ability, will also be considered. Students whose first language is not English would normally be expected to demonstrate English language proficiency to at least the following levels: iBT 89 or IELTS 6.5.

### Who should study the MA in Jungian and Post-Jungian Studies?

#### The degree will be suitable for:

- Good honours graduates (or equivalent) from any discipline
- Psychotherapeutic practitioners and others in the caring professions who wish to deepen their Jungian theoretical formation
- Those planning to undertake doctoral research with analytical psychology as its subject matter, theoretical framework, or method
- Mature students who wish to acquire or deepen a creative depth psychological perspective for reasons of professional or personal development
- International graduates and professionals
- Previous successful students have come from a wide variety of backgrounds, including: psychotherapy, psychology, the arts, religion, philosophy, the sciences, education, social work, business, journalism and politics.

### Course Fees

Information about current tuition fees can be found at: <http://www.essex.ac.uk/academic/docs/fees/fees.htm>

Part-time students will pay fees on a pro-rata basis for the current academic year.

For details of financial support please see the booklet *Introduction to the Graduate School* or visit:

[www2essex.ac.uk/stdsup/funding/fundpg.shtm](http://www2essex.ac.uk/stdsup/funding/fundpg.shtm)

## Centre for Psychoanalytic Studies

There has been a very lively interest in Psychoanalytic Studies at the University of Essex over many years. Recognising this, the University established the Centre for Psychoanalytic Studies in December 1993.

The Centre shares in the character of the University, with about 80-100 students at any one time from many countries, including Brazil, Chile, China, Egypt, Germany, Greece, Ireland, Israel, Japan, Mexico, Portugal, as well as the UK. The Centre also shares a 6\* RAE rating with the Department of Sociology.

The Centre brings together diverse traditions of psychoanalytic and Jungian interest within the University and the clinical experience of practitioners. It was founded with a particular philosophy: that psychoanalysis and Jungian psychology are rich in their sources and affiliations, yet are, at root, clinical disciplines. Programmes offered by the Centre aim to convey something of the grounds of psychoanalytic knowledge, and therefore include

experiential components and clinically-oriented teaching. Staff are practitioners as well as scholars. We share an interest in psychoanalytic thinking and methods, as well as in fields that can be enriched by psychoanalytic understanding and that, in turn, can enrich psychoanalysis and Jungian psychology themselves.

The University of Essex has an admirable tradition of interdisciplinary teaching and research, which is built into the faculty structure of the institution. Centre staff include the Director, Professors of Psychoanalysis, Professors of Analytical Psychology, Senior Lecturers, Honorary Senior Lecturers, and several Fellows who are qualified adult and/or child psychoanalytic psychotherapists and group analysts. The Centre is surrounded by strong departments that support its work.

Students are able to take advantage of this rich environment, and build upon their MA studies by pursuing research towards a PhD.