

Doctoral Research in Psychoanalytic Studies

A Description of the Programmes

There are various routes to a doctoral qualification available in the Centre but most students do their doctorate by research alone. On a full-time basis these qualifications take a minimum of three years and part-time is six years. A distance-learning option is also available for suitable overseas students.

The Centre also runs two taught programmes, with the first year composed of four courses from either the MA in Psychoanalytic Studies, or the MA in Refugee Care. These also take three years full-time or six years part-time.

It is also possible to enrol for a Professional Doctorate (D.Psych.Psych or D.An.Psych) if you have completed, or are near to completing, a clinical training at the Tavistock Clinic (M1), the Society for Analytical Psychology or the London Centre for Psychotherapy. This is a two-year, part-time programme involving taught seminars and a research dissertation, and is taught in London.

All doctoral students of the Centre have a supervisor who is a member of the Centre staff, and we match students to supervisors with a common interest. (Staff members on the following page, marked with an asterisk are Centre supervisors). In addition, each student is assigned a Supervisory Board, both to advise and monitor progress.

Why Choose Doctoral Research in Psychoanalytic Studies at the University of Essex?

At Essex you will find an active research community in all departments and centres of the University, as well as in affiliation with other organisations. There are roughly 60 doctoral students registered in the Centre for Psychoanalytic Studies. It is one of the foremost Centres for academic research into psychoanalysis and analytical psychology in the country and internationally. The Centre can support a wide range of research interests, including interdisciplinary research.

Doctoral students can take part in an active programme of Open Seminars and Research fora as well as special events. In addition to the Centre Library, doctoral students have a dedicated room fully equipped with IT facilities.

Aims and Objectives

Aims:

The aim is to provide students with the experience and resources for original research into a topic of their own choosing, in the fields of psychoanalysis or analytical psychology.

Objectives:

Students will develop a capacity to do a literature search and review; to become acquainted with various research methods, both quantitative and qualitative; and to conduct a research project with a focus or research question of their own choice. Students write an 80,000 word thesis, which is examined both in writing and orally, by internal and external examiners.

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Cover image: 'Mother and Child' 1961, Josef Herman, reproduced with the kind permission of Nini Herman.

Key Features of Research in Psychoanalytic Studies

Psychoanalytic research is still in its infancy, and you will be contributing to a fast-growing area of development.

Research at the Centre takes many forms from outcome research into psychoanalytic theories and practice to empirical projects and to conceptual and historical analyses.

Who should undertake Research in Psychoanalytic Studies?

The degree will be suitable for:

- Those with good academic interests and ability
- An enquiring approach to psychoanalytic knowledge
- Those who want to develop their research skills
- Those with an established clinical background and a strong research interest

Entry Qualifications

Applicants should have a Masters degree or some equivalent (a good clinical training could be a suitable alternative).

Applicants should have an idea of what they wish to research, and should submit an informal research proposal to the Director of Graduate Studies before making a formal application. Formal application is recommended once a proposal has been accepted by the Director of Graduate Studies.

Course Fees

Information about current Tuition Fees can be found at: www.essex.ac.uk/academic/docs/fees/fees.htm

For details of financial support, please see the booklet *Introduction to the Graduate School* or visit: www2.essex.ac.uk/stdsup/funding/fundpg.shtml

HOW DO I FIND OUT MORE...

For further information, please contact the Assistant Graduate Administrator, Centre for Psychoanalytic Studies, University of Essex, Wivenhoe Park, Colchester CO4 3SQ, UK.
By telephone on: +44 (0) 1206 874554, or by e-mail on: cps-research@essex.ac.uk

Web: www.essex.ac.uk/centres/psycho/

Staff and Fellows and their Research Interests

***Rachel Blass**, BA MA Psych MA Phil PhD Psych *Jerusalem, Boston (Professor)*

Conceptual, epistemological, and ethical foundations of psychoanalytic theory and practice; development and relevance of Freud's thoughts.

Marie Bridge, MA *Oxford*, Fellow Training and Supervising Analyst Institute of Psychoanalysis (*Honorary Senior Lecturer*)
Psychoanalysis and literature; language and psychoanalysis; French psychoanalysis.

Graham Clarke, BSc *London*, MSc *CNAA*, MA *Tavistock*, PhD *Essex (Fellow)*
Fairbairn's object relations theory; personal relations theory - Fairbairn, Suttie and Macmurray; an object relations theory of creativity; an object relations theory of film and dramatic narrative; political theory and object relations; critical realism and psychoanalysis.

***Karl Figlio**, BSc PhD *Chicago*, Associate Member LCP (*Professor and Director of the Centre*)

Psychoanalytic understanding of inquiry, including historical and scientific inquiry; masculinity; ideas of nature; psychoanalytic theory; absolutism (fundamentalism) in the individual and society.

***RD Hinshelwood**, BSc MB BS *London*, FRCPSych, Full Member British Psycho-analytic Society (*Professor*)

Application of psychoanalysis to social sciences; psychoanalysis and philosophy; therapeutic communities; group dynamics; history of psychoanalysis.

***Roderick Main**, MA *Oxford*, PhD *Lancaster (Lecturer)*

Historical, philosophical, religious and cultural contexts of analytical psychology; depth psychology; religion, and modernity, synchronicity, myth.

Shiho Main, MA *Kent*, PhD *Essex (Fellow)*

Jungian child therapy; theories of psychological development; history of children and childhood; psychological issues related to children's rights.

***Nick Midgley**, BA *Oxford*, MSc PsychD *University College London*, Member Association of Child Psychotherapists (*Lecturer*)

Child psychoanalysis and psychotherapy; qualitative and clinical research methods; children's film and literature.

David Millar, BA CertEd *Manitoba*, MA *Essex*, Member Association of Child Psychotherapists (*Honorary Senior Lecturer*)

Perinatal psychology; psychotherapy with victims and perpetrators; institutional dynamics; psycho-social aspects of child abuse.

Zah Ngah, BSc Psych D *Surrey*, Member Association of Child Psychotherapists, Tavistock Society of Psychotherapists and British Psychoanalytic Council (Fellow)
Psychoanalytic infant observation; psychotherapists perspectives on work with children and adolescents; organizational consultation; psychoanalytic understanding of race, racism and culture; psychoanalytic work with refugees and asylum seekers.

***Renos Papadopoulos**, DipClinEdPsych *Belgrade*, PhD *Cape Town*, Member IGAP (*Professor*)

Analytical psychology and epistemology; the interface between analytical psychology and systems, family therapy and cultures; working with survivors of violence and disasters; forced migration and refugees.

***Joan Raphael-Leff**, BA *Tel-Aviv*, MSc *LSE*, PhD *Essex*, Full Member British Psycho-Analytic Society (*Visiting Professor*)

Intrapsychic and interpersonal processes in childbearing and parenting; psychoanalytic concepts applied to primary care; cross-cultural aspects of gender, fertility and childbearing; psychosocial and ethical issues in reproductive technology; perinatal emotional disturbances and psychotherapy; developmental processes.

Susan Rowland, BA *Oxford*, MA *London*, PhD *Newcastle (Fellow)*

Jung and literature and literary theory; Jung and gender and feminism; Jung and popular culture.

Nicholas V Sakharov, BA MA PhD *Oxford (Fellow)*

Modern orthodox theology of personhood; Russian religious thought of the nineteenth to twentieth century. (Berdyayev, Bukgakov, Florensky, etc.); new testament studies (especially modern personalistic approaches).

***Andrew Samuels**, DipSocAdm PGDipSocWStud *LSE*, DHumLet

Pac *Graduate Institute*, Training Analyst Society of Analytical Psychology, Honorary Fellow United Kingdom Council for Psychotherapy (*Professor*)

Application of psychoanalytic thinking to politics; comparative theoretical research in depth psychology; political, social and cultural aspects of transference and counter-transference; the father; the construction of masculinity; the history of Jungian psychology.

Michael Scott, RGN, RMN, MA *Hertfordshire*, Member Institute of Group Analysis (*Honorary Senior Lecturer*)

Psychoanalysis of groups and organizations; clinical supervision and psychosocial practice in care settings; authority and leadership; popular culture; psychosis.

Andrew Thomas, RMN, MA *Essex*, MSc *Birkbeck (Fellow)*

Clinical Supervision; psychosomatics and groups; psychoanalysis and popular culture; psychoanalysis of organizations; dynamic administration.

Morag Turner, RMN, MA *Essex*, M Inst GA (*Fellow*)

Therapeutic communities; psychoanalysis of groups and organizations; leadership and authority; clinical supervision.

John Walshe, LRCPI LRCSI Fellow Royal College of Psychiatrists, Member IGA, Consultant Psychotherapist North Essex Mental Health Partnership Trust (*Honorary Senior Lecturer*)

The creation of psychological space in group settings; application of linguistic theory to the practice of psychotherapy.

Christina Wieland, BA *Open*, Full Member London Centre for Psychotherapy, Full Member The Lincoln Clinic, Associate Member AGIP (*Fellow*)

Female development and gender identity; mother-daughter relationship; masculinity; culture and psychic structure.

Programme Structure

Doctoral students at the Centre for Psychoanalytic Studies register in a variety of programmes:

■ **PhD by research:** *available full- or part-time, assessment by thesis, but may include some taught components, where appropriate and requested by the supervisor.*

■ **PhD by research:** *available part-time (distance learning); students are required to attend the University campus once a year.*

KEY FEATURES OF DOCTORAL RESEARCH IN PSYCHOANALYTIC STUDIES

Research in Psychoanalytic Studies at Essex covers a wide range of topics, methodologies and objects. As you will see in the representative list of research topics that have been pursued and the staff research interests, research can be conceptual, empirical or historical. It might use psychoanalytic methods or take psychoanalysis as an object of study. Centre staff, supported by staff in other departments, have a broad range of expertise, and the Centre can support the research of most applicants.

Students are able to use resources in the University's Library and those offered by the University's computing services. This includes the extensive Freud collection, which is on permanent loan to the University Library by generous agreement of Mark Paterson Associates and the Freud Beneficiaries. It comprises some 2,000 volumes, 4,500 photocopies of letters, 2,500 typescripts of letters and 2,700

DOCTORAL RESEARCH TOPICS

Doctoral research topics within the Centre for Psychoanalytic Studies include:

Gender Expression, sexual identity, and loss; re-conceptualising atypical gender through contemporary psychoanalysis and queer theory

Trauma, Shame and the Restoration of Social Bonding

The beginnings of psychoanalysis

From Freud to Groddeck: Ferenczi's honest issues

Resilience, creativity and psychoanalysis: the Experience of Refugees

The Concept of Dissociation in Pierre Janet and C G Jung

Effects of risk management strategies on a social organisation: a group-relations perspective on NHS Mental Health Services

Regression in group psychotherapy

Otto Gross, psycho-analyst/-anarchist

Narrative approach to psychotherapy

Conditions and processes necessary to represent feelings in symbols

ASSESSMENT

All students will have their own Supervisory Boards twice a year (once a year, for part-time and for distance learners). The Board monitors student progress, and reports to the Centre Progress Committee. It also supplements the supervisor, and advises on methodology, conceptual analysis and research resources. It normally comprises the supervisor and two other staff members, chosen for their relevant

CENTRE FOR PSYCHOANALYTIC STUDIES

There has been a very lively interest in Psychoanalytic Studies at the University of Essex over many years. Recognising this, the University established the Centre for Psychoanalytic Studies in December 1993.

The Centre shares in the character of the University, with about 100 students at any one time, from many countries, including Greece, Mexico, Portugal, Chile, Brazil, Canada, the US, Ireland, Italy, Germany, Israel, Egypt, China, Sweden, Taiwan, Turkey and Japan as well as the UK. The Centre also shares a 6* RAE rating with the Department of Sociology.

The Centre brings together diverse traditions of psychoanalytic and Jungian interest within the University and the clinical experience of practitioners. It was founded with a particular philosophy: that psychoanalysis and Jungian psychology are rich in their sources and affiliations, yet are at root a clinical discipline. Centre programmes aim to convey something of the grounds of psychoanalytic knowledge, and therefore make use of experiential components and clinically-

THE UNIVERSITY OF ESSEX

The University of Essex received its Royal Charter in 1965 and is now one of the UK's leading academic institutions, dedicated to research, teaching and scholarship of the highest international standards.

The University is ranked seventh nationally for teaching and tenth for research. The Higher Education Council for England (HEFCE) assesses every university department for their academic research, with ratings on a scale of 1 to the highest mark of 5*. In the last Essex assessment, all departments received a 3, 4, 5, or 5* rating and two of those 5* departments, Government and Sociology, have been upgraded to the new 6* grade. Essex is proud to have two 6* departments as this rating is only given to UK departments, from all disciplines, that have consistently been awarded 5*. This means it only applies to around 100 departments across the country. The Centre for Psychoanalytic Studies submits with the Department of Sociology.

HEFCE and the Quality Assurance Agency also carry out assessments on UK university teaching. Subjects are given a total grade out of 24 and, at Essex, no subject has scored less than 20 and the University has five subjects that scored 24/24.

The University has a beautiful 200 acre parkland campus, just outside of Britain's oldest recorded town Colchester. Colchester has a range of shops, cafes, restaurants and pubs, as well as a leisure centre with a swimming pool. It is 45 minutes by train to central London and there are excellent transport links to Ipswich, Cambridge,

■ **Taught PhD Programme - Psychoanalytic Studies / Refugee Care:** *available full-or part-time (Psychoanalytic Studies only); involves a first year of four courses after which students progress to a structure that is similar to the PhD by research programme.*

■ **Professional Doctorates:** *available part-time; involves one year of taught seminars, as part of a two-year research programme.*

Research is conducted under supervision.

original letters (including 39 in the hand of Sigmund Freud) in addition to some 10,000 photocopies of originals scattered around the world and some 2,000 volumes in many languages.

Students also have access to the Strachey Collections (which comprises proof copies of The Standard Edition of the Complete Psychological Works of Sigmund Freud and The Pelican Freud Library, together with related correspondence and notes) and the Balint Collection (which is 48 box files relating to the work of Enid and Michael Balint).

The PhD research programmes allow you to undertake conceptual and outcome research into psychoanalytic theories and practice. As psychoanalytic research is still in its infancy, you will be contributing to a fast-growing area of development.

Modelling the impact of emotional containment and family dynamics in psychological development: a longitudinal approach

Bion's protomental; system: a bio-psychoanalytic -social model

A psychodynamic study of Breast Cancer

Ecce Mulier, Nietzsche and the eternal feminine: an analytical psychology perspective

Routes of wholeness: Jung and the western esoteric tree of life

What value does Jung's theory of personality have?

Illness in the psychotherapist

An enquiry into psychological aspects of recovery from dependence on psychoactive chemical substances

Fairy tales in contemporary education within different cultural contexts

Trauma, resilience and psychoanalysis with forced populations in Athens

Imaging and imagination: a study of the projective process in image-making play

(See our website for a full list of doctoral research topics).

expertise by the supervisor and student.

Final examination is both by the thesis and by viva. The thesis is required to be 80,000 words for PhD by research and taught doctorates. It is required to be 35,000 words for Professional Doctorates.

oriented teaching. The staff are practitioners as well as scholars. We share an interest in psychoanalytic thinking and methods, as well as in fields that can be enriched by psychoanalytic understanding and that, in turn, can enrich psychoanalysis and Jungian psychology themselves.

The University of Essex has an admirable tradition of interdisciplinary teaching and research, which is built into the faculty structure of the institution. Centre staff include the Director, Professors of Psychoanalysis, Professors of Analytical Psychology, Lecturers, Honorary Senior Lecturers and several Fellows who are qualified adult and/or child psychoanalytic psychotherapists and group analysts. The Centre is surrounded by strong departments that support its work.

Students are able to take advantage of this rich environment, and build upon their MA studies by pursuing research towards a PhD.

Norwich and the south of England. Stansted airport, which offers many cheap flights to Europe, is less than an hour away by a bus that passes through campus, and Harwich ferry port can be reached in 30 minutes.

All teaching buildings are on site at the Wivenhoe Park campus and there are 400 Pentium PCs available within the University's extensive computing laboratories, many of which are open 24 hours a day. The University Library is well-equipped with more than 910,000 books, periodical issues and microfilms. It has long opening hours, a total of 84 hours over seven days a week during term-time and 42-84 hours in the vacations.

Around forty acres of the campus are devoted to sports. The onsite Sports Centre has a multi-purpose hall for indoor activities such as badminton, fencing or basketball; there are also four squash courts and an indoor climbing wall. The gym has a free weights space, fixed resistance stations and cardiovascular equipment; there is also a studio for aerobics, martial arts and the like.

The Students' Union offers around 100 different clubs and societies (ranging from cultural to social to political) as well as a student-run newspaper and radio station. In their spare time, students can relax in the numerous cafes on campus, visit one of Essex's four bars or go to the University nightclub! There are also shops, a Post Office and two major banks on campus, plus a theatre and an art gallery for plays and exhibitions by students and professional groups.